

BIG IDEA: I know Jesus will help me.

Week 11

"Get Up, Little Girl!"

This lesson is based on Matthew 9:18-26; Mark 5:21-43; Luke 8:40-56; and *The Desire of Ages*, pp. 342-348.

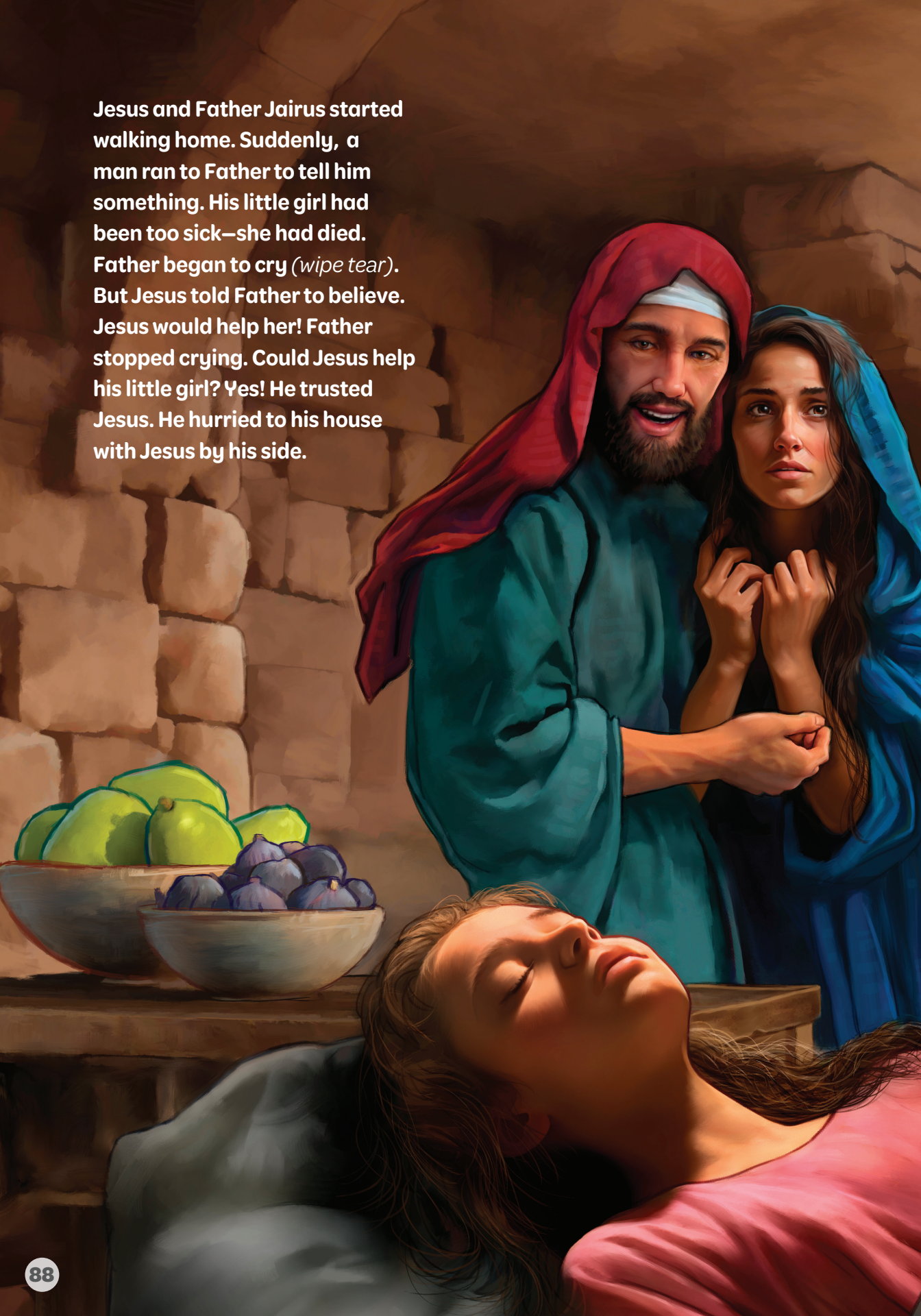


Father Jairus patted his little girl's head *(pat head)*. **It was hot. He frowned. His little girl was very sick. She lay in bed sleeping** *(sleeping hands)*. **She didn't hear the birds singing outside. She didn't see the light sparkle on the lake nearby. She didn't run and play with her friends. She could only rest and sleep** *(sleeping hands)*. **Father was sad. He didn't know how to make her better. The doctors didn't know how to make her better. But Jesus could help! Father ran to find Him.**



Father ran into town. ***Run, run, huff-puff.*** He found Jesus in the middle of a very big crowd. He bowed down at Jesus' feet. Everyone stopped and looked.

Then Father said to Jesus, "My little girl is dying [very sick]. Please come and put your hands on her. Then she will be healed and will live" (Mark 5:23, ICB). Father knew Jesus could help! Jesus nodded and smiled. Yes, He would love to make this little girl well.



Jesus and Father Jairus started walking home. Suddenly, a man ran to Father to tell him something. His little girl had been too sick—she had died. Father began to cry *(wipe tear)*. But Jesus told Father to believe. Jesus would help her! Father stopped crying. Could Jesus help his little girl? Yes! He trusted Jesus. He hurried to his house with Jesus by his side.



At home, everyone was outside crying. But Jesus wasn't sad. Father wasn't sad. Jesus would help the little girl—just as He'd promised.

Jesus went into her room. He gently took her hand *(take child's hand)*. **With a kind voice Jesus said, "Little girl, I tell you to stand up!"** (Mark 5:41, ICB).



The little girl opened her eyes and stood up. She began to walk around. She walked over to Father and smiled *(smile)*. **Then she turned to Mother for a hug** *(hug)*. **Mother and Father were so happy! Their little girl was alive again!** *(Clap your hands.)* **Thank You, Jesus! It was a day they would never forget. God is so powerful. He loves to help us.**

(Say together) **Thank You, Jesus, for helping me when I need You.**

play throughout the Day

Create

Help your child create a love gift for a father in their life: their father (this may be you), grandfather, uncle, or caregiver. Draw a big heart and help your child to color and decorate it. Talk about how special fathers are to us. They are special to Jesus too! Pray for this father. Then have your child give them their love gift.



Retell

Use an old shoe box or tissue box to make a model of Jairus' little girl's bedroom and use this to retell the story. Use toy furniture if you have some, or little cloths for a bed. Place a doll or simple cardboard cut-out of the little girl on the bed. When Jesus says, "Get up," have her wake up.

Explore

Spend time outside with your child, encouraging them to use their energy. The little girl was so sick she could only sleep. But God made her well so she could jump about. Have your child do little exercises to match their abilities while you slowly count to five. For example, jump up high, run on the spot, do a star jump. Thank God for making our bodies able to move.

Pray

Ask your child during prayer time for things they would like Jesus' help with this week. We can know, like Father Jairus, that Jesus will help us. Model this by asking Jesus for specific help for yourself, then thank Him for what He will do. Ask your child if they would like to pray too.

Extension weekly memory verse: "Do not be afraid; only believe" (Mark 5:36).

THE HEART OF THE MATTER

For You, Parents

Jairus was just like you—a loving and dedicated parent who wanted the best for his child. His love was wrapped up in his little daughter. When she became sick, there seemed to be no cure. But this father had hope. When things spiraled out of his control, he turned his panic over to Jesus and put his trust in Him. His worry dissolved into worship, and he fell at Jesus' feet. He knew that a miracle was possible, and he came to Jesus with a heart full of faith.

We too can entrust our children to our Father in heaven. He is a good, good Father. When you have those gray days—when parenting feels like a heavy load, or when the worst imaginable thing happens—trust your child to Jesus. We can fall at His feet and ask for protection, healing, and grace. Jesus is the one with whom we can leave our problems. And even if the miracle does not come this side of heaven, He offers indescribable peace, and hope for an eternal new beginning to come.

"Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our tribulation, that we may be able to comfort those who are in any trouble, with the comfort with which we ourselves are comforted by God" (2 Corinthians 1:3-5).