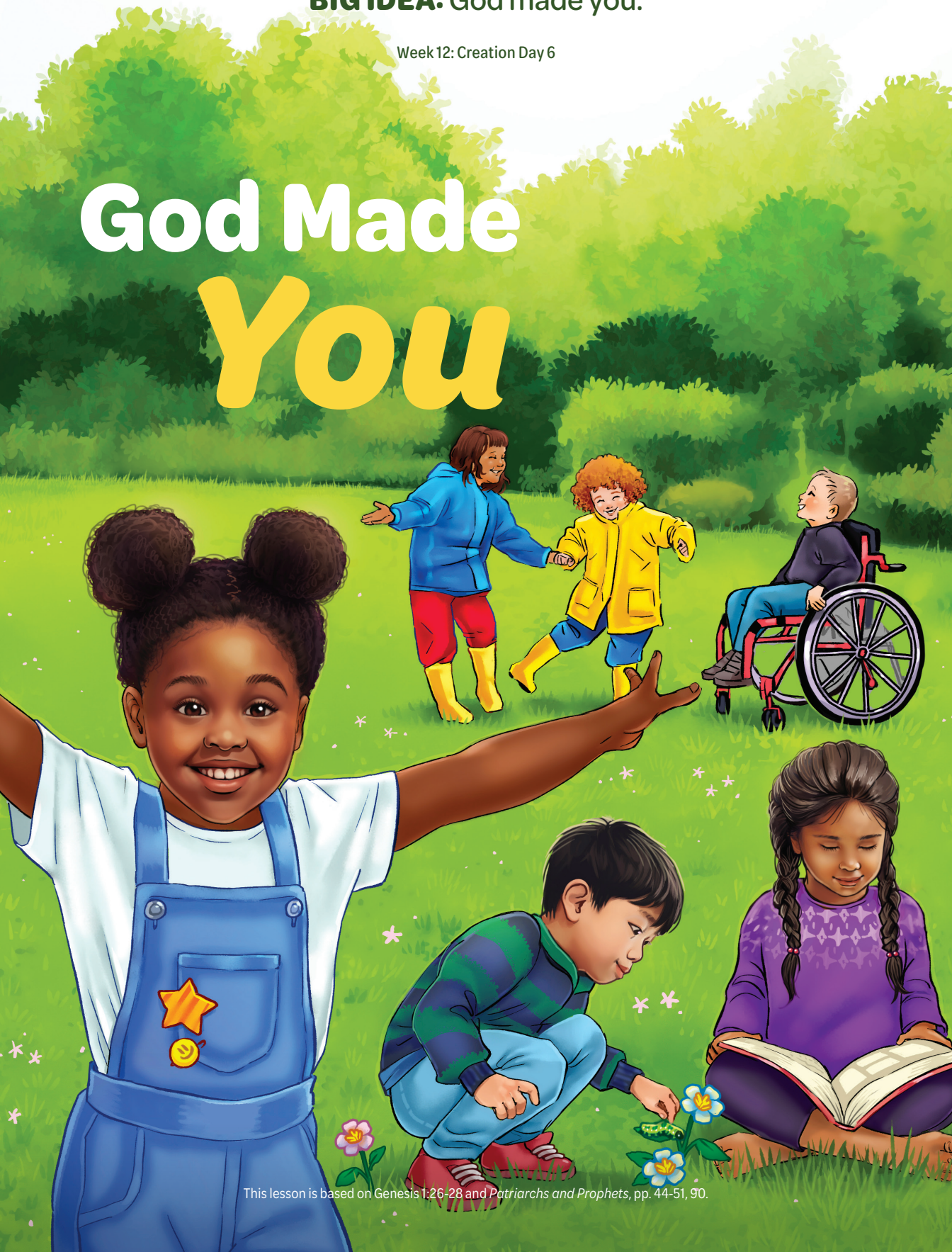
BIG IDEA: God made you.

Week 12: Creation Day 6

God Made You



This lesson is based on Genesis 1:26-28 and *Patriarchs and Prophets*, pp. 44-51, 90.



In the beginning, before there were owls that "hoo" or chatty cockatoos, there was God. God created the earth for me and you. On Day 1 He made light, and on Day 2 He made the sky. On Day 3 the grass and flowers grew. On Day 4 He made the sun, moon, and stars, and on Day 5 He made the fish and birds come alive. On Day 6 God made animals—rabbits and hippos *(count each day with fingers)*. God saw all of this, and it was good!


God saved the best for last. When the earth was ready, He made a man and woman. All of this was long ago, but God knew one day there would be you. When the time was perfect, He made you—wonderful you! *(Hug child.)* You were created exactly right— amazing in His sight.

Look in the mirror. What do you see? *(Give child mirror.)* **Do you see your eyes?** *(Count 1 . . . 2.)* **Your eyes are** *(color)* **just like mine** *(or mine are ____).* **God made you with** *(light/dark)* **hair and mine is _____. Can you wiggle your nose? Where are your ears? Count them: 1 . . . 2. Can you make your mouth look happy . . . sad . . . silly? God made you as beautiful as can be!**





God made eyes for seeing fluffy white clouds in the sky. What do you see? *(Put hand over eyes as you look around.)* **He created ears for hearing birds singing in the trees. Listen . . . what do you hear?** *(Cup hand over ear.)* **He made fingers for feeling the soft fur of a kitty. What do you feel that is soft?** *(Have child bring you something soft, bumpy, rough, smooth.)* **He created mouths for tasting juicy strawberries. What do you like to taste? He made noses for smelling sweet roses. Sniff, sniff . . . what do you smell with your nose?**

Each one of us is different, yet God loves us just the same. Whether you have 10 toes to wiggle or a happy giggle, feet for walking or marching to a beat, legs that leap like a frog or jump up and down, hands that clap or a voice to sing, each part of you is special indeed. *(Do with child as you read.)* **God gave you exactly what you would need. You are perfectly designed for the wonderful plans He has in mind.**

(Say together) **Thank You, God, for making ME!**

God had finished His creation. What would He do on Day 7?



play throughout the day

Create

Make a life-size outline of your child's body with chalk on the pavement outside or on a large sheet of butcher paper. Talk about all the features that God created your child with. Add them to your pictures, including hair, belly button, toes, and facial features. Give your child a big hug and say, "God made you so special!"

Explore

Share how God made you to move. Set up an obstacle course with items to crawl, jump, and walk over, under, and through using pillows, blankets, tables, chairs, and stuffed animals. Thank God for the amazing way He made our bodies to move.

Learn

Mark your child's growth on a wall or growth chart. Repeat regularly to watch growth. Share with your child how God made their bodies grow through eating healthy food, sleeping, playing, and drinking lots of water.

Discover

Share with your child the five senses and explain how they help us explore the world God gave us.



Hear: Make a musical instrument to play in worship using rice and an empty water bottle. *Thank You, God, for ears to hear!*

Smell: Make some muffins or cookies together in the kitchen. Take a moment to smell them when they are in the oven. *Thank You, God, for a nose to smell!*

See: Cover the bottom of a shallow pan with high-fat milk. Dot with food coloring. Dip a cotton swab into dish soap, then touch a dot of color. Watch as the color swirls. *Thank You, God, for eyes to see!*

Feel: Search for a few items from outside to put in a feely bag for your child. Get them to close their eyes and pull out an object. Ask them to guess what it is before they open their eyes. *Thank You, God, for hands to feel!*

Taste: Make a taste platter with lots of different things to taste. Get your child to close their eyes and guess what it is they are eating. Talk about the different flavors: sweet, sour, salty. *Thank You, God, that I can taste the good things You have made!*

Sing and Pray

Sing praises to God with your child throughout the day. Pray and say, "Thank You, God, for making me to . . ."

Extension weekly memory verse: "I will praise You, for I am . . . wonderfully made" (Psalm 139:14).

THE HEART OF THE MATTER

For You, Parents

God created each child in His image, uniquely designed to reflect His glory. Your child is precious and is treasured by God. Teaching your child that their identity is found in Christ will take intentional effort to speak His truth into their lives.

The world is ready and waiting to speak conflicting and damaging messages to your child as they grow. The world will say, "Love *your*self." "*You* have the power within *you* to be anything *you* want to be." The world also sends messages that unless you look, act, or consume certain things, you aren't pretty enough, smart enough, or talented enough. Both sets of messages are dangerous. To be shielded from these harmful messages, your child will need to know that their identity is in Christ alone. It is not in what they do or how many stickers they earn; nor is it in their misbehavior or in their mistakes.

Your child not only yearns for your time, attention, and approval, but is designed to need it. If they don't receive this from you, they will look for it elsewhere. It is through positive interaction with the adults in their lives that they learn what is socially and behaviorally appropriate, that they gain confidence to explore and try new things, and that they realize what unconditional love looks and feels like. When this is paired with the truth of God's Word and His unconditional love, they can then discover who He made them to be and their true identity as a child of God.

The light you shine into your child's life will reflect your own acceptance of God's unconditional love for you. As a parent or guardian, you too will be bombarded with messages that will try to convince you that you are not good enough. Embrace God's unconditional love in your own life. Romans 8 tells us that nothing can separate us from the love of God. Be confident in God and trust His promise that He designed you in His image to reveal His glory, for truly, "the price paid for our redemption, the infinite sacrifice of our heavenly Father in giving His Son to die for us, should give us exalted conceptions of what we may become through Christ" (Ellen G. White, *Steps to Christ,* p. 15).

"God once said, 'Let the light shine out of the darkness!' And this is the same God who made his light shine in our hearts. He gave us light by letting us know the glory of God that is in the face of Christ"
(2 Corinthians 4:6, ICB).