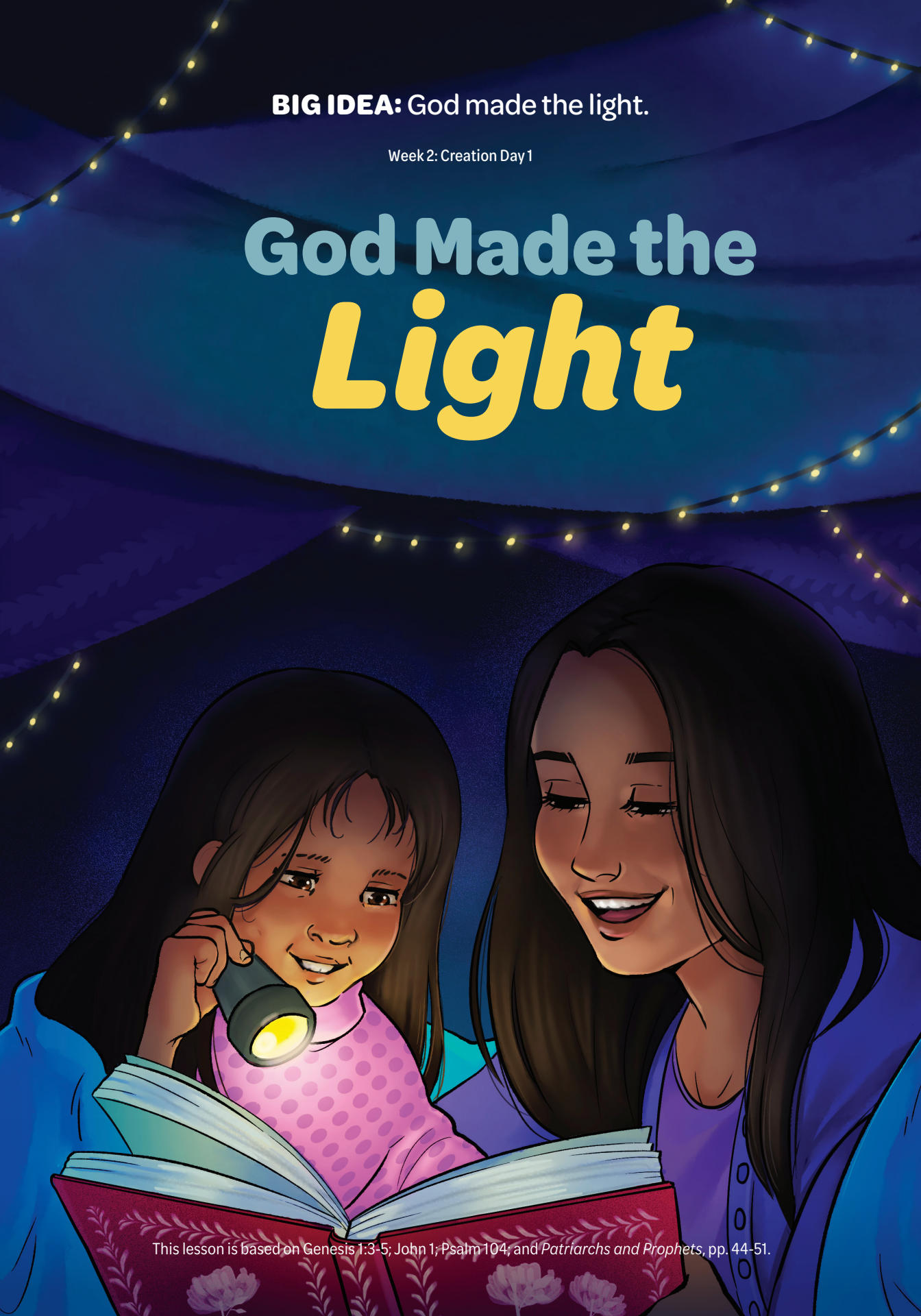
BIG IDEA: God made the light.

Week 2: Creation Day 1

God Made the *Light*



This lesson is based on Genesis 1:3-5; John 1; Psalm 104; and *Patriarchs and Prophets*, pp. 44-51.

Sit with your child under a blanket with a flashlight.

In the beginning, before there were lion cubs having fun, or cheetahs on the run, there was God. Before God created the earth for you and me, it was dark and empty.

It was so dark *(whisper).* **No glimmer of light shone. There was no sun or moon, nor twinkling stars to see. Only darkness everywhere on earth.**

God had a special plan for Day 1 *(hold up one finger).* **The time had come, and He was excited to begin! He was going to make a wonderful world for you and me. This would be the first day of Creation. All was quiet, waiting to see what God would do.**



Then out of the darkness God's strong, kind voice echoed across the water: "Let there be light!" *(Child turns on flashlight.)* **And there was light! God spoke, and the darkness was gone!**



Light sparkled across the water covering the earth *(wiggle fingers, moving them side to side).* **God created light to brighten each day and separated it from the darkness at night. It was the very first morning on earth. A morning shimmering with the colors of light. God saw the light and said that it was good.**

God made the light to fill the earth on Day 1. Can you see light shining all around? God's beautiful light shines each day, a gift of love for you and me *(hug child).* **God's perfect plan had begun. There was much more God would do. Each day would bring something new. What would He create on Day 2?** *(Hold up two fingers.)*

(Say together) **Thank You, God, for making the light!**



play throughout the day

Create

Work on Day 1 in your child's Creation Book (from last week). Cut black and yellow cardstock into strips and glue these down to show the difference between light and dark. Write, "*On Day 1 God Made the Light,*" at the bottom of the page.

Explore

Before bed one night, build a blanket fort and hide toy animals in it. Share how when light shines into the darkness it can help us find the good things that God has made. Take time to pray and thank God for His wonderful light that brightens our world.

Learn

Light is made up of a rainbow of colors. Fill a clear cup with water and set it at the edge of a table. Place a white sheet of paper on the floor one foot away. Shine a flashlight through the cup of water so the light is refracted into individual colors that shine onto the paper. (Some flashlights may need a small slit to focus the beam, which can be created by using masking tape across the light.) Praise God for each of the beautiful colors He made for us.

Sing

Sing "This Little Light of Mine" together for worships this week. Wave a flashlight or battery candle while you sing.

Pray

Put a string of Christmas lights up in your child's room this week. Before bed every night, take time to pray, thanking God for creating light. Ask Jesus to help you to be a shining light for Him.



Extension weekly memory verse: "Then God said, 'Let there be light'; and there was light" (Genesis 1:3).

THE HEART OF THE MATTER

For You, Parents

Imagine the beautiful and majestic sound of God's voice echoing across the water. In Psalms we read of God's voice as "thunder" and in Revelation as the "roar of many waters." It is this same powerful, almighty voice, which welcomed light to brighten the darkness, that also gently calls to you. Just as you invite your children to come sit with you to share a story or a hug, God also longs to draw you close, and to fill your life with His light.

On that first day of Creation the earth was glowing with light, the very presence of God. God's light is pure and good. It illuminates the dark, shadowy places with His goodness. It comforts us when our days are overwhelmed with darkness, and reminds us that every morning is a fresh new day.

You may have moments when your day is full, yet you feel empty. You have tripped over toys or cleaned food off the floor one too many times, your energy and patience drained. It is in those moments that it can be the hardest to answer His invitation.

Take a breath, exhale a prayer, or sing a praise to God. "Song has wonderful power. It has power to subdue rude and uncultivated natures; power to quicken thought and to awaken sympathy, to promote harmony of action, and to banish gloom and foreboding that destroy courage and weaken effort" (Ellen G. White, *Education*, p. 168).

His light will shine in your heart. It cannot be contained. The glorious light of God will radiate through your life, renewing your spirit and filling your home with His goodness.

"God once said, 'Let the light shine out of the darkness!' And this is the same God who made his light shine in our hearts. He gave us light by letting us know the glory of God that is in the face of Christ. We have this treasure from God. But we are only like clay jars that hold the treasure. This shows that this great power is from God, not from us"
(2 Corinthians 4:6, 7, ICB).