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Can't Wait to Tell

Matthew 28:1-10; Luke 24:13-35; *The Desire of Ages,* chaps. 81 and 82, pp. 779-794; *The Bible Story* (1994), vol. 9, pp. 143-148, 151-155, 156-160; Our Beliefs, nos. 9, 11, 14















Sabbath

DO Do this week's activity on page 102.

powertext

"Then Jesus said to them, 'Do not be afraid. Go and tell my brothers to go to Galilee; there they will see me'" (Matthew 28:10).

powerpoint

Believing that Jesus died for us is exciting and makes us want to tell others.

Think of some exciting news you have had to tell. What made the news so exciting? Whom did you want to tell first?

The soldiers sat around the entrance to the grave. The night had been long and cold. It had taken all of them to roll the huge stone in place over the mouth of the grave, and then it had been sealed in place with ropes. Why the priests were afraid of someone coming and trying to steal the body was more than they could understand. They were thankful that the sky was getting lighter. It would soon be morning, and their duty would be over.



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Sunday

READ Read Matthew 28:1-10 and this week's story, "Can't Wait to Tell"

WRITE In your Bible study journal, list three things that really make you excited. How many people did you tell about those things? Why do we like to tell others about good things that happen to us?

LEARN Read the power text, Matthew 28:10, and start learning it.

PRAY Ask Jesus to help you feel so excited about Him that you can't wait to tell others.

Monday

READ Read Luke 24:13-24.

THINK What did the two people walking on the road to Emmaus think that Jesus would do for Israel? Why were they depressed when He died?

WRITE In your Bible study journal, write two things with which you would like Jesus to help you.

PRAY Ask God to help you experience His good news to share with others.

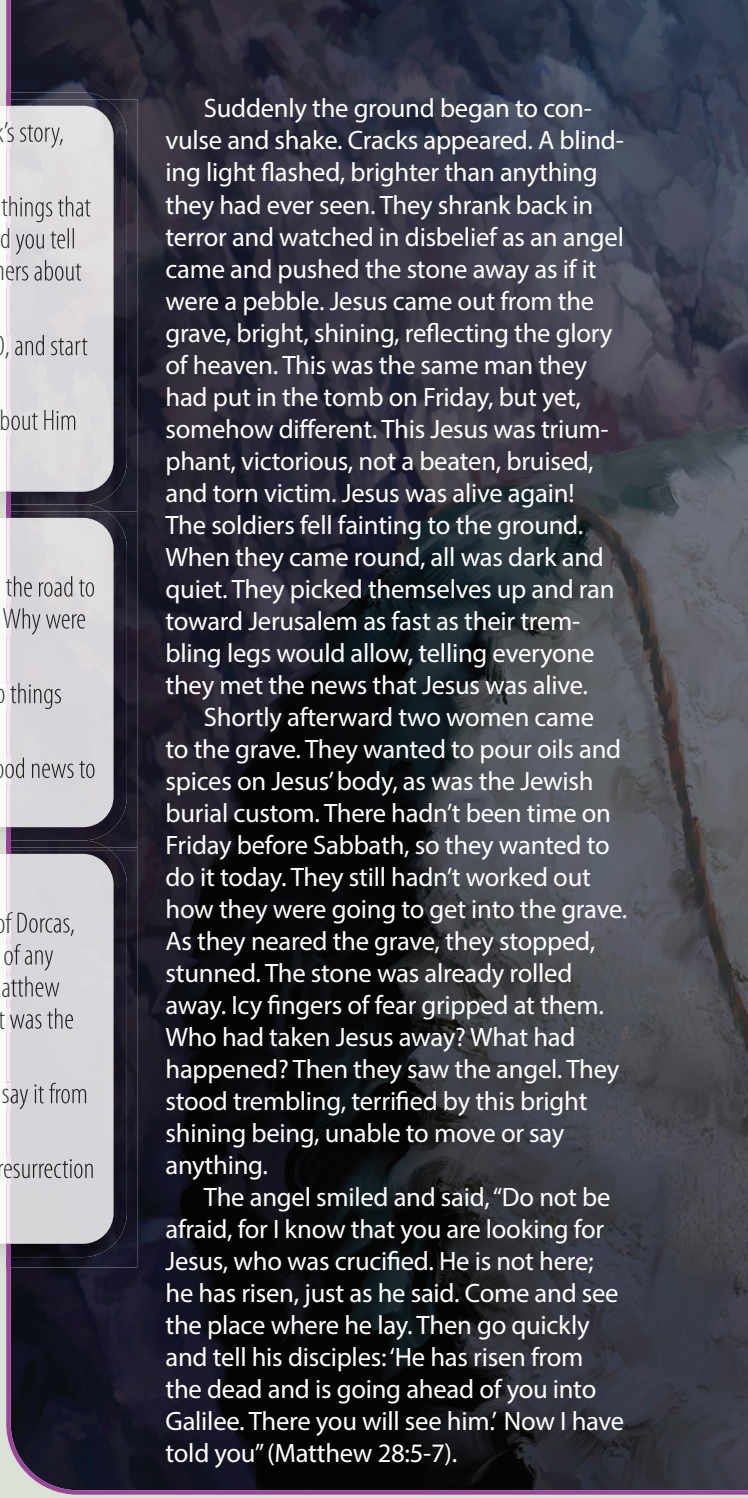
Tuesday

READ Read Acts 9:36-42.

DISCOVER This Bible passage tells the story of Dorcas, who was raised from the dead. Can you think of any other resurrection stories in the Bible? (See Matthew 9:18-26; Luke 7:11-15; John 11:38-43.) What was the reaction following these resurrections?

LEARN Review the power text until you can say it from memory.

PRAY Thank Jesus for the good news of His resurrection that you can share with others.



Suddenly the ground began to convulse and shake. Cracks appeared. A blinding light flashed, brighter than anything they had ever seen. They shrank back in terror and watched in disbelief as an angel came and pushed the stone away as if it were a pebble. Jesus came out from the grave, bright, shining, reflecting the glory of heaven. This was the same man they had put in the tomb on Friday, but yet, somehow different. This Jesus was triumphant, victorious, not a beaten, bruised, and torn victim. Jesus was alive again! The soldiers fell fainting to the ground. When they came round, all was dark and quiet. They picked themselves up and ran toward Jerusalem as fast as their trembling legs would allow, telling everyone they met the news that Jesus was alive.

Shortly afterward two women came to the grave. They wanted to pour oils and spices on Jesus' body, as was the Jewish burial custom. There hadn't been time on Friday before Sabbath, so they wanted to do it today. They still hadn't worked out how they were going to get into the grave. As they neared the grave, they stopped, stunned. The stone was already rolled away. Icy fingers of fear gripped at them. Who had taken Jesus away? What had happened? Then they saw the angel. They stood trembling, terrified by this bright shining being, unable to move or say anything.

The angel smiled and said, "Do not be afraid, for I know that you are looking for Jesus, who was crucified. He is not here; he has risen, just as he said. Come and see the place where he lay. Then go quickly and tell his disciples: 'He has risen from the dead and is going ahead of you into Galilee. There you will see him.' Now I have told you" (Matthew 28:5-7).

The women were thrilled. Now they were trembling with joy. As they hurried toward Jerusalem, suddenly Jesus was standing there. They fell to their knees and worshipped Him. Jesus said, "Don't be afraid. Go and tell My brothers to go to Galilee, and I will meet them there."

The women ran back to the disciples and shared the amazing news with them.

Later that day two of Jesus' followers were walking home to Emmaus. They had heard what the two women had said. They wanted to believe, but wondered if the two women were confused. It had been a stressful weekend for everyone.

They were so deep in conversation that at first they didn't even notice the Stranger walking along beside them. When He asked what they were talking about, they stopped and looked at Him with



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Wednesday

READ Read Philippians 4:13.

THINK Think about the things that you are good at doing.

PLAN Complete this statement: "I can share the hope that Jesus gives me with others by _____."

DO Choose someone who needs to know about Jesus and His love and put the above plan into action.

PRAY Ask God to empower you with His Spirit.

Thursday

READ Read 1 Peter 1:3.

PRAY Ask Jesus to remind you of all the ways He makes a difference in your life.

WRITE Write these things in your Bible study journal.

SHARE Ask someone what difference Jesus makes in their life.

CONSIDER How did you serve the people that you shared with?

Friday

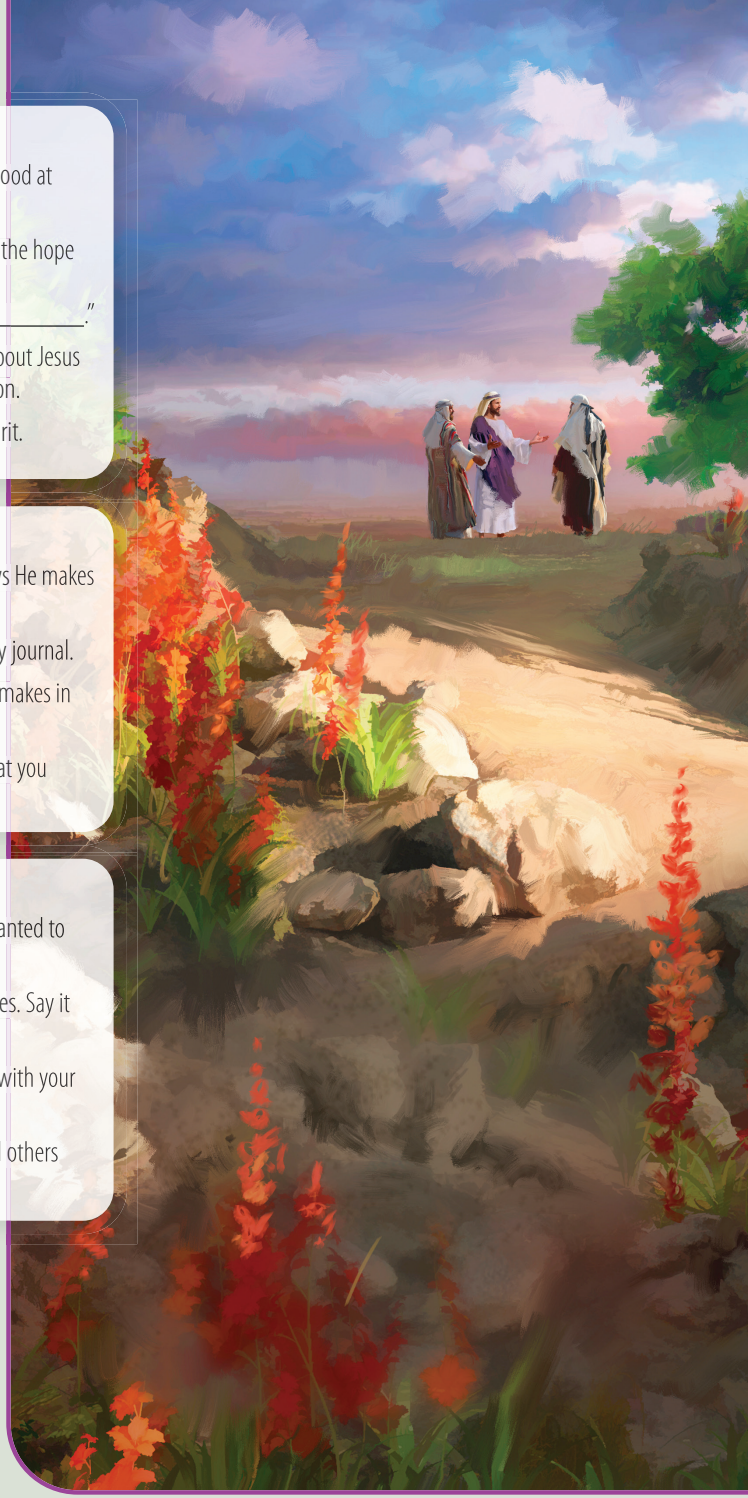
READ Read Luke 24:1-40.

THINK How many people in this passage wanted to share exciting news? Why?

REMEMBER Repeat your power text five times. Say it out loud.

SHARE Share what you have been learning with your family at worship tonight.

PRAY Ask Jesus to give you the ability to tell others about Him.





astonishment. "Are you the only person who doesn't know what has happened in Jerusalem this weekend?" they asked, surprised.

They told the Stranger all about Jesus: how He had died, and how they had believed that He was the Messiah. Then they explained the rumors of His resurrection.

The Stranger shook His head and replied, "How slow you are to believe all that the prophets have spoken! Didn't the Messiah have to suffer these things and then enter His glory?" The Stranger began explaining from the books of Moses and onward the prophecies about Jesus and how the weekend's events had fulfilled everything.

No longer did the journey seem long and tiring. All too soon the journey was over, and they were in Emmaus. The Stranger started to go on, but the disciples invited Him to stay and eat supper with them. When He said the blessing, they looked at Him again. They saw His hands with the nail scars, and suddenly they realized that it was Jesus Himself who was with them. Then Jesus was gone.

For a moment they sat and looked at each other. "Were not our hearts burning within us while He talked with us on the road and opened the Scriptures to us?" they asked each other. Suddenly they weren't hungry anymore. It didn't matter that it was dark outside, or that it was dangerous to go along the road at night; they had to go back to Jerusalem and tell the disciples it was true. Jesus was alive.

PUZZLE
13

PEOPLE OF THE RESURRECTION

a. RYAM ___ ___ ___ ___

b. LAGNE ___ ___ ___ ___ ___

c. GARSUD ___ ___ ___ ___ ___ ___

d. EJSUS ___ ___ ___ ___ ___

e. EICDSSLPI ___ ___ __ ___ ___ ___ ___ ___ ___

f. NOWME ___ ___ ___ ___ ___

g. ENM TA ETH OMBT ___ ___ ___ ___ ___

___ ___ ___ ___ ___ ___ ___

h. OSN OF AMN ___ ___ ___ ___ ___

___ ___ ___

i. JNONAA ___ ___ ___ ___ ___ ___

j. EREPT ___ ___ ___ ___ ___

k. MEUSMA ___ ___ ___ ___ ___ ___

l. POCSALE ___ ___ ___ ___ ___ ___ ___

m. FHIEC ISSTRPE ___ ___ ___ ___ ___

___ ___ ___ ___ ___ ___ ___

n. MOSSE ___ ___ ___ ___ ___

o. EEVLEN ___ ___ ___ ___ ___ ___

p. YMAR NMDLAEGAE ___ ___ ___ ___

___ ___ ___ __ ___ ___ ___ ___ ___

1. ____ a village about seven miles from Jerusalem (Luke 24:13)
2. ____ so afraid they became like dead men (Matthew 28:4)
3. ____ the mother of James (Luke 24:10)
4. ____ clothing gleamed like lightning (Luke 24:4)
5. ____ must be delivered into the hands of sinful men (Luke 24:7)
6. ____ handed Him [Jesus] over to be sentenced to death (Luke 24:20)
7. ____ Jesus is going ahead of them and they will see Him in Galilee (Matthew 28:7)
8. ____ one of the women but not Mary (Luke 24:10)
9. ____ asked, "Are you the only one visiting Jerusalem?" (Luke 24:18)
10. ____ apostle who ran to the tomb (Luke 24:12)
11. ____ said, "Do not be afraid. Go and tell." (Matthew 28:10)
12. ____ were in Jerusalem, where it was said, "It is true! The Lord has risen." (Luke 24:33, 34)
13. ____ rolled back the stone (Matthew 28:2)
14. ____ took spices they had prepared to the tomb (Luke 24:1)
15. ____ woman who went to look at the tomb at dawn (Matthew 28:1)
16. ____ where Jesus began explaining the Scriptures (Luke 24:27)