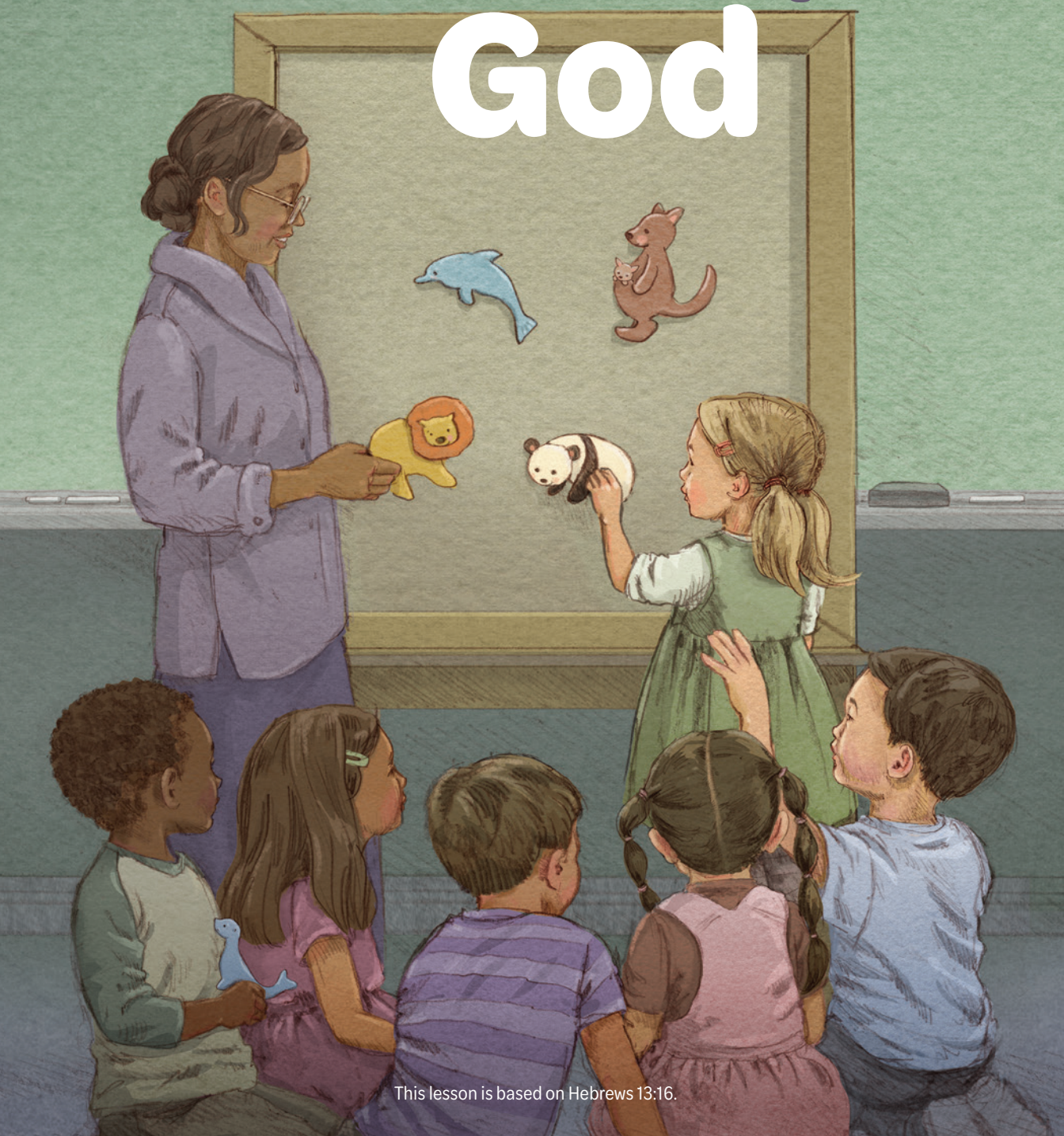
BIG IDEA: I can help God.

Week 8

I Can Help God



This lesson is based on Hebrews 13:16.

Blink your eyes three times: ***one . . . two . . . three***. What do you see? Your eyes are a gift from God. You can use them to be His helper. Whisper your name, as quietly as can be. Now shout it out loud, on the count of three: ***one . . . two . . . three***. Your words are a gift from God. You can use them to be His helper. God loves to see little people help Him! He has special jobs that you can do to show others His love.



God made animals to be His helpers, just like you. Honey bees are very busy little helpers. Do you know what sound they make? Yes! They ***buzz, buzz, buzz***. They collect sweet food from the flowers then fly back to their hive. Then these busy little helpers turn it into honey. Then off they fly to visit more flowers—***buzz, buzz, buzz***. When bees visit flowers, they help the flowers to grow. They drop little parts of the flower as they fly. This helps plants to grow fruit too. God uses bees to make honey, flowers, and fruit. What busy helpers! ***Thank you, God, for bees!***





Can you find the line of worker ants? ***March, march, march***, go the ants. They are very busy helping God. Ants march and dig and stir up the dirt as they ***work, work, work***. They busily collect food to take back to their home. As they work, they help God. Ants help by putting air into the dirt so plants can grow. They also carry plant seeds and later drop them so that they can grow in new places. Even though they are very small, they can carry heavy things. God made them to be strong helpers. They all work together as a big, big team! ***Thank You, God, for the ants!***





Spot the squirrels in the tree. Up they climb, as quick as can be. They're busy looking for food. Squirrels just love to eat seeds and nuts. They are also God's special helpers; His little gardeners. Before the snow and cold winds come, the squirrels store nuts and seeds and hide them under the ground. In the wintertime they dig them up and eat them. But sometimes they forget some of the food they have hidden in the dirt. These seeds grow roots and grow into more trees. They help God by planting new trees for other animals to enjoy. ***Thank You, God, for squirrels!***



What a wonderful world God created! He made the plants for us. He made the animals for us too. He even gave the animals special jobs to help God's earth.

God gives us special jobs too. We can use our eyes to look for ways to help Him. We can use our words to tell others all about His great, big love. We can also sing and smile! We can use our helpful hands to give our offerings to Him so that others can learn about God too. What other helpful things can you do for God?

(Say together) **Dear God, I want to help You!**

play
Throughout the Day

Create
Make a simple, healthy edible treat together. Reflect on the memory verse, "Do not forget to do good and to share." Think of someone who might need some encouragement, and deliver these treats to them to brighten their day. Explain to your child that when we help others, we are helping God too.

Learn
Talk with your child about ways you can look after the beautiful earth God has made us. The bees, ants, and squirrels need a clean garden home. Talk about not littering, and go on a little mission to pick up trash in a garden space near you. Consider lining up trash at home to talk about being careful about what you use and throw away. You may also like to tend or start growing a flowering plant to help the bees (even in a pot by a window).

Connect
Plan a special activity that you could do as a family this week to help God. It could be picking up someone to take to church, looking after an animal, or inviting someone who is lonely for a meal.

Pray
Invite each person in the family to share their favorite animal that God made. Talk about why that animal is special and what we could do to help that animal. Thank God for each of the animals mentioned and for giving us nature to enjoy.



Extension weekly memory verse: "Trust in the Lord and do good" (Psalm 37:3).

THE HEART OF THE MATTER

For You, Parents

God has given you the most important role there is—that of a God-loving parent. It can be easy to lose sight of that amidst the chaos, chatter, and delightful mess of parenting. But it is an opportunity not to miss. He wants you to serve Him faithfully by bringing up your children to love and honor Him. Consider:

- Investing your time and love to your children through play, reading, and talking
- Showing them God's unconditional love, even when they are naughty
- Being intentional in developing Christlike qualities in your children
- Sharing God's Word with your child
- Showing patience in chaotic moments
- Discipling your child in a firm, consistent, kind way
- Modeling active service to others, and involving the family in helping others
- Bringing things of God into daily conversations

Slow down. Forget the jobs and the *to do* lists. Focus on the importance of serving God faithfully in this wonderful job He has given you. As you slow down, you will become more aware of the needs of others. Pause throughout the day and listen to God's gentle promptings. Bask in the blessings He has given you. Serving God is such an honor. "Everyone who accepts Christ as his personal Saviour will long for the privilege of serving God" (Ellen G. White*, The Ministry of Healing,* p. 502). As you attend to these things, you will be focusing on eternity.

What a privilege to serve God by bringing up our children to know and follow Him. Like Joshua, we can claim, "But as for me and my house, we will serve the Lord" (Joshua 24:15).