Part #7 THE BREAD AND WATER OF LIFE

Scripture Song: Behold, bless the LORD – Psalm 134

Welcome to Hope Sabbath School—an in-depth interactive study of the Word of God. We are continuing a series of studies on the Book of Exodus: Stories of Deliverance. Today's topic: THE BREAD AND WATER OF LIFE.

1) Dying in the wilderness

a. What life-threatening challenge did the children of Israel face after their miraculous deliverance at the Red Sea? Exodus 15:22
b. Has anyone here been extremely thirsty? How long can a person survive without water?
c. What additional disappointment did the children of Israel face and how did they respond? Exodus 15:23-24 (they had forgotten their song of deliverance recorded in Exodus 15:11).
d. What amazing blessing and promise did the LORD give at Marah? Exodus 15:25-26
e. What lessons can we learn from the experience of the children of Israel at Elim? Who led them there? Exodus 15:27 (see also Exodus 13:21)
f. God delivers us in different ways at different times. Share a time when the LORD delivered you in a life-threatening situation.

2) Bread from heaven

a. What additional complaint did the children of Israel make to Moses as they continued their journey in the wilderness? Exodus 16:1-3
b. How did the LORD provide food for the children of Israel in the wilderness? Exodus 16:4,31,35
c. What series of miracles did the LORD perform in connection with the provision of manna? (summarize Exodus 16:5-30)
d. Why did the LORD instruct Moses to place a pot of manna in the Ark of the Testimony? Exodus 16:33
e. How did the miraculous provision of manna point forward to Jesus? John 6:35,41,47-51

3) Water from the rock

a. How did the children of Israel respond when the LORD led them into a dry and barren territory? Exodus 17:1-4
b. What can we learn from the way the LORD provided life-sustaining water for the children of Israel? Exodus 17:5-7
c. How did this water, flowing forth from a rock, point forward to Jesus, our life-giving, life-sustaining Savior? John 7:37-38, 4:13-14, 1 Corinthians 10:1-4

4) Listening to counsel

a. What important lesson did the LORD teach Moses through the counsel of his father-in-law Jethro? (read or summarize Exodus 18:1-27)
b. What inspired instruction for each one of us is recorded in Proverbs 19:20?
c. Share a time when the LORD used someone to give you wise counsel.