

12

Inside Out

Worship

We praise God for His great love for us.

POWER TEXT

"The LORD does not look at the things people look at. People look at the outward appearance, but the LORD looks at the heart" (1 Samuel 16:7, NIV).

KEY REFERENCES

- 1 Samuel 16:1-13
- *Patriarchs and Prophets*, chap. 62, pp. 637-642
- *The Bible Story* (1994), vol. 3, pp. 187-192
- Student lesson on page 132 of this guide

OUR BELIEFS

- No. 22, Christian Behavior
- No. 18, The Gift of Prophecy
- No. 11, Growing in Christ

OBJECTIVES

The students will:

- **Know** that Jesus sees them in a much better light than others do.
- **Feel** Jesus' love for them regardless of their externals.
- **Respond** and express our gratitude to God by praising and worshiping Him.

POWERPOINT

Heaven rejoices when we praise God wholeheartedly.

The Bible Lesson at a Glance

God tells the prophet Samuel that Saul can no longer be king. He tells Samuel to go to Bethlehem and anoint one of the sons of Jesse to be the next king. Samuel goes to Bethlehem to offer a sacrifice and invites Jesse and his sons. When God does not impress Samuel to anoint one of the sons Jesse brings with him, Samuel asks if there are any others. When the youngest son, David, comes in from tending sheep, God prompts Samuel to anoint him. Samuel anoints David secretly, and David goes back to his work as a shepherd. In the years that follow, God develops the kingly qualities he sees in David.

This is a lesson about worship.

God does not look at people the way humans do. He looks beyond the outward appearance and looks into the heart for a willingness to be changed into His image. God sees people not as they are, but as they can become in Him. He is honored when we worship Him willingly and wholeheartedly.

Teacher Enrichment

"No outward beauty can recommend the soul to God. The wisdom and excellence revealed in the character and deportment, express the true beauty of the man; and it is the inner worth, the excellency of the heart, that determines our acceptance with the Lord of hosts" (*Patriarchs and Prophets*, p. 638).

What does God see when He looks at me? How can I be changed into His image? How will my life express my gratitude to God as I seek to worship Him?

Welcome

Welcome students at the door and direct them to their seats. Ask them how their week has been. Encourage learners to study their Sabbath School lesson regularly, and use several minutes to debrief students on the previous week's lesson.

Ask: **What was the most interesting part of the Bible story? What activity did you find the most helpful? Which activity was the most fun?** Invite students to share their experiences and/or the handiworks they created for Sabbath School during the week. (The leader should be familiar with the previous lesson to be able to direct the discussion.) This is also a good time to have students recite the power text.

Have students begin the Readiness Activity of your choice. »

Program notes

LESSON SECTION	MINUTES	ACTIVITIES	MATERIALS NEEDED
Welcome	Ongoing	Greet students at the door. Ask about their week.	
1 Readiness	10-15	*A. Mask It!*	paper plates, markers, scissors, tape, string
		*B. Ballooned***	opaque balloons, plastic gloves, OR bags; healthy snacks; candy; small paper wads
* Prayer & Praise	15-20	See page 127. Prayer & Praise may be used at any time during the program.	songbooks, world map, pushpins, offering plate/basket
2 Bible Lesson	15-20	Introducing the Bible Story	
		Experiencing the Story	Bibles, eight bags, eight items (such as: book, rock, feather, paper money, chewy candy, cotton balls, piece of fruit), paper and pencils, blindfolds
		Exploring the Bible	Bibles, white/chalkboard, markers/chalk
3 Applying the Lesson	10-15	*Scenario*	
4 Sharing the Lesson	10-15	*Royal Crowns*	Bible, crown, paper strips, pencils, scissors, tape OR glue
* Closing		A. Prayer and Closing Comments B. Reminder to Parents C. Coming Up Next Week	

** Be aware of any food allergies and adjust accordingly.

1

READINESS ACTIVITIES

Select the activity or activities that are most appropriate for your situation.

A

YOU NEED:

- ☐ paper plates
- ☐ markers
- ☐ scissors
- ☐ tape
- ☐ string

Mask It

As the students arrive, instruct them to make a mask using the materials provided. After everyone has arrived and completed a mask, have the students put them on.

Debriefing

Ask: **What parts of a person's appearance, such as clothes or hairstyle, affect how you think about someone? Do you think a person's appearance is important to God? Why or why not? What about people is most important to God? Let's say our power text, 1 Samuel 16:7:**

"The LORD does not look at the things people look at. People look at the outward appearance, but the LORD looks at the heart" (1 Samuel 16:7, NIV).

The power point reminds us that

Heaven rejoices when we praise God wholeheartedly.

B

YOU NEED:

- ☐ opaque balloons, plastic gloves, OR bags
- ☐ dried fruit/other snack
- ☐ candy
- ☐ small paper wads

Ballooned*

Before class, put a small piece of dried fruit, a small piece of candy, or a paper wad into each balloon (If none of the students are allergic to nuts you may put nuts as well). If possible, have students sit in a circle. Hand out the balloons to the students as they come to class. Tell them they may blow up their balloons.

Say: **You have one minute to trade balloons. Be careful and don't let your balloons burst. After one minute I'll give the signal, and you can pop your balloons to see what's inside.** If the contents of the balloon are edible, say: **Before you pop your balloon, make sure you keep it over your lap so the contents don't fall on the ground. But first, trade your balloon with a person sitting to your left.** Let the students trade balloons for a minute; then call time. Tell them they may burst the balloons.

Debriefing

Ask: **What were you thinking about as you were trading balloons? What did you think was in the different balloons you were trading? How did that influence your trading? How did you feel about what you finally got? How would the trading have been different if all the balloons had been clear? How was judging the balloons from the outside like judging people from the outside? God doesn't have to guess at who we really are, as people do. Let's say together our power text, 1 Samuel 16:7:**

"The LORD does not look at the things people look at. People look at the outward appearance, but the LORD looks at the heart" (1 Samuel 16:7, NIV).

The power point reminds us that

Heaven rejoices when we praise God wholeheartedly.

(Adapted from *Fun to Learn Bible Lessons: Grades 4 and Up* [Loveland, Colo.: Group Publishing, 1995], pp. 40, 41. Used by permission.)

* Be aware of any food allergies and adjust accordingly.

Prayer & Praise

Fellowship

Report the students' joys and sorrows (pleased and troubled) as reported to you at the door (as appropriate). If they have given you permission, share one or two special items from students' Bible study during the week. Acknowledge any birthdays, special events, or achievements. Give a special, warm greeting to all visitors.

Suggested Songs

"He Has Shown Thee" (*He Is Our Song*, no. 125)
"Micah 6:8" (*He Is Our Song*, no. 133)
"In His Time" (*He Is Our Song*, no. 93)
"Psalm 5" (*He Is Our Song*, no. 106)

Mission

YOU NEED:
- ☐ world map
- ☐ pushpins

Use Adventist *Mission* for youth and adults (go to www.juniorpowerpoints.org and click on MISSION) or another mission report available to you. Using a world map, have the students identify and mark with pushpins the location where the mission story is taking place.

Offering

YOU NEED:
- ☐ offering plate/basket

Say: **The Bible says God loves a cheerful giver. And only He knows with what spirit you give. Pray for the right spirit in your giving today.**

Prayer

Say: **Psalm 139:23, 24 is a prayer asking God to help us be honest with ourselves. God knows things about us that even we don't know. He knows what things can hurt us and others. Let's pray today, asking that God will point out those harmful things and fill us with His Spirit so we can live for Him and for others.** Close with a prayer for the students' joys and sorrows, for the birthday and other special event celebrants, as well as for the visitors.

Notes

2

BIBLE LESSON

Introducing the Bible Story

Ask: **What kind of things do you look for in a friend?** Allow time for answers. **Would you choose yourself as a friend based on your list?** Say: **Today we will talk about a young man who was chosen not only to be a friend of God's, but also a king.**

YOU NEED:

- ☐ Bibles
- ☐ eight bags
- ☐ eight items
- ☐ paper
- ☐ pencils
- ☐ blindfolds

Experiencing the Story

Before the students arrive, place the eight bags on a table or bench in front of the class and put one item in each bag (possibilities are: book, rock, feather, paper money, chewy candy, cotton balls, piece of fruit). Do not label the bags or allow the students to see what is in them. Have the students form a line at one end of the table and then blindfold each one.

Say: **As you pass by each container, reach into it and touch what is in there. Don't miss any, and don't tell anyone what you feel. Try to identify each item and remember what it is. When you get to the end, take a pencil and paper, go back to your seat, and write down what you felt in the bags.** As the students reach the end, help them take off their blindfolds. When everyone is finished,

Ask: **If you could pick one [container/bag] for yourself, which one would you choose and why? How many items from the bags can you identify?** As the students read their lists aloud, show the contents of each bag. Have the students take turns reading 1 Samuel 16:1-13. Ask: **How was Samuel's job like your experience with the bags?** (He didn't know what the brothers were like inside either.) **What made his job difficult?** (He didn't know them. He could only go by how they looked.) **How would you have felt if you were one of David's brothers?** (scared, jealous) **If you were David?** (awed, unworthy, inadequate) **If you were being chosen, would you be more comfortable with Samuel seeing how you look on the outside or what you are like on the inside? Why? How do you feel knowing that God looks at your heart first?**

Remember the power point:

Heaven rejoices when we praise God wholeheartedly.

(Adapted from *Fun to Learn Bible Lessons* [Loveland, CO: Group Publishing, 1995], pp. 37, 38. Used by permission.)

YOU NEED:
- ☐ Bibles
- ☐ white/chalkboard
- ☐ markers/chalk

Exploring the Bible

Have the students find the following texts and ask someone to list on the board characteristics God looks for in us: Psalm 78:71, 72 (integrity); 1 Chronicles 28:9 (wholehearted devotion, willing mind, seeking Him); Luke 16:10 (honesty); Micah 6:8 (act justly, love mercy, walk humbly).

Debriefing

Ask: **What did God call David before he was anointed as king?** Read aloud 1 Samuel 13:14 (a man after His own heart) **What does it mean to be a man after God's own heart?** (honest, kind, loving, self-sacrificing, humble, teachable, etc.) **What can God say He knows about you? Let's say together our power text, 1 Samuel 16:7:**

"The LORD does not look at the things people look at. People look at the outward appearance, but the LORD looks at the heart" (1 Samuel 16:7, NIV).

Let's repeat our power point as well:

Heaven rejoices when we praise God wholeheartedly.

Scenario

Have the students close their eyes as you read the following:

Meera liked her big brown eyes and curly brown hair. But she hated her feet. She thought they were too bony. Meera loved to laugh. Her friends said her laugh sounded like a bell. Meera loved being around people. Everyone wanted her to come to their parties. They said parties were never any fun without her. Everyone agreed that she had a great personality, except when she got angry. No one wanted to be around when Meera threw a temper tantrum. Afterward her friends would stay away from her for a couple days. Then Meera would bounce up to her friends and crack a joke. Soon everyone was laughing and talking with her again.

Ask: **Is the real Meera the fun-time girl, the spoiled brat, or someone else? Do you think God loves her more because of the things she and her friends like most about her? Do you think God loves her less because of those things they don't? Explain.**

Debriefing

Say: **Think about one thing that you like most about yourself. Now think about one thing others have said they like most about you**. Ask: **Are they the same? If not, how are they different?**

Say: **Think about one thing you like least about yourself. Now think about one thing others have said they like least about you.** Ask: **How do you feel when you think of the characteristic others don't like about you? How do your friends treat you when you show that part of yourself?**

Do you think God loves you more because of the things you and your friends like most about you? (no) **Do you think God loves you less because of those things they don't like about you?** (No, He loves me regardless.) **Why or why not?** (He knows me inside and knows all the potential I have in Him. He never judges me by how I look on the outside.) **Would someone like to summarize the power text in their own words?** Allow students time to respond. **Remember the power point:**

Heaven rejoices when we praise God wholeheartedly.

4

SHARING THE LESSON

YOU NEED:

- ☐ Bible
- ☐ crown
- ☐ paper strips
- ☐ pencils
- ☐ scissors
- ☐ tape OR glue

Royal Crowns

Have students share if they had a chance during the past week to tell someone that God values each one of us based on how we are on the inside and that He has our best interest at heart. Ask: **How did your friend respond, knowing that God cares for each individual regardless of our outward appearance?**

Have a student volunteer read 1 Peter 2:9 aloud. Hold up a crown and say: **According to 1 Peter 2:9, if we belong to God, we are royalty. We are princes and princesses in training. All of us have royal characteristics like the ones we studied during our Bible exploration.** Have the students sit in groups of threes. Give each trio three strips of paper and pencils. Say: **As you know, a crown is a sign of royalty. Think of one "royal" characteristic about the partner to your right and write it on your strip of paper. Then wrap the strip around your partner's head and fasten it to create a royal crown. Tell your partner why you chose that word to describe him or her.** When everyone has finished, say: **Let's ask God to live in us so that we can see potential in each person the way He does. As the power point reminds us:**

Heaven rejoices when we praise God wholeheartedly.

(Adapted from *Fun to Learn Bible Lessons* [Loveland, CO: Group Publishing, 1995], p. 41. Used by permission.)

Closing

Prayer and closing comments:

Have the students pray a prayer of thanks for the person to their right. Close by thanking God for knowing us intimately and providing for our needs in His time.

Reminder to parents:

Say: **Check out the student Bible study guide to find Parents' Pages for your use in family worship, or however you wish to use them to spiritually guide your children. You may listen to the podcast of the lesson online at www.juniorpowerpoints.org/podcast.php?channel=1.**

Coming up next week:

Say: **Saul visits the witch of Endor. We worship God when we are grounded in His truth.**

Notes

Student lesson

Inside Out

Have you ever met someone whom you felt could see inside you? Do you like what you see when you look inside yourself? Imagine David, the youngest of a large family.

David stroked the lamb on his lap, picked up his harp, and breathed deeply. It was good to be back with the sheep. He kept replaying yesterday's events, trying to make sense of them.

David had been staring off into the distance when a messenger appeared in front of him bringing news. David learned that Samuel, the prophet was in town and had invited Jesse's family to offer sacrifice with him. This is how the events had unfolded earlier that day:

Jesse, followed by his sons in order from oldest to youngest, filed into the place of sacrifice. When Samuel saw how the oldest carried himself, his eyes lit up. *Surely the Lord's anointed stands here before the Lord*, Samuel thought (see 1 Samuel 16:6, NIV).

The Lord had already told Samuel that Saul was no longer fit to be king.

"Fill your horn with oil and be on your way," God had commanded. "I am sending you to Jesse of Bethlehem. I have chosen one of his sons to be king."

"How can I go?" asked Samuel. "If Saul hears about it, he will kill me."

The Lord replied and said: "Take a heifer with you and say, 'I have come to sacrifice to the Lord.' Invite Jesse to the sacrifice, and I will show you what to do. You are to anoint for me the one I indicate" (verses 1-3, NIV).

So Samuel had set out with a young cow for the sacrifice and his horn of oil for anointing. The elders were happy when he told them he had come to sacrifice.

As Eliab passed before Samuel, the prophet heard the Lord's voice, "Do not consider his appearance or his height, for I have rejected him. The Lord does not look at the things people look at. People look at the outward appearance, but the Lord looks at the heart" (verse 7, NIV).

Samuel turned next to Aminadab, the second son of Jesse. "The Lord has not chosen this one either," Samuel said.

Jesse called Shammah, the third oldest. "Nor has the Lord chosen this one," said Samuel. After the last of the seven sons passed in front of Samuel, the prophet said, "The Lord has not chosen these." Then he asked, "Are these all the sons you have?"

"There is still the youngest," replied Jesse. "He is tending the sheep."

"Send for him," Samuel ordered. "We will not sit down until he arrives" (verses 8-11, NIV).

That's when the messenger brought the news to David that the prophet was waiting to see him. David was very surprised. *Why would the prophet want to see him?* he wondered. *And who would guard his father's sheep?*

Then the messenger took David's staff and began to watch over the sheep. David hurried away to meet the prophet.

As soon as Samuel saw David, he felt a glimmer of hope. David's bronzed handsome face was flushed from running into town. Samuel could tell he was strong like his older brothers. But their resemblance ended there. There was a light in David's eyes that seemed to come from deep within him. David wore an air of purity, innocence, courage, and kindness.

"Rise and anoint him," God said to Samuel. "This is the one" (see verse 12, NIV).

Samuel pulled out his horn of oil. When the prophet touched his head with the oil, David felt deeply moved that God had chosen him, a humble shepherd boy, and the youngest in his family, to one day rule the nation of Israel. His heart was full of joy, gratitude, & Praise to God.

Now as David sat on the hill once more, he composed another song of praise to the Lord. He didn't know what lay ahead of him, but he knew Who was with him.

KEY REFERENCES

- 1 Samuel 16:1-13
- *Patriarchs and Prophets*, chap. 62, pp. 637-642
- *The Bible Story* (1994), vol. 3, pp. 187-192
- Our Beliefs, nos. 22, 18, 11

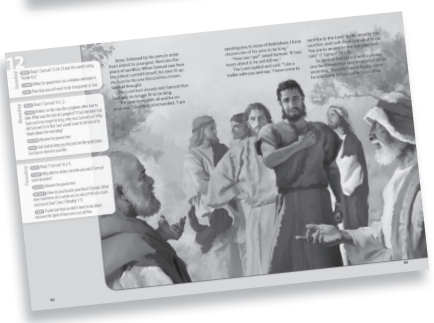
POWER TEXT

"The LORD does not look at the things people look at. People look at the outward appearance, but the LORD looks at the heart" (1 Samuel 16:7, NIV).

POWER POINT

Heaven rejoices when we praise God wholeheartedly.







Sabbath

DO Do the activity on page 89.

Sunday

READ Read 1 Samuel 15:24-29 and this week's story, "Inside Out."

LEARN Write the power text on a paper window you've drawn and learn it.

PRAY Pray that you will want to be transparent to God.

Monday

READ Read 1 Samuel 16:1, 2.

THINK Reflect on the risks that prophets often had to take. What was the role of a prophet? If God decided that Saul could no longer be king, why was Samuel sad? Why did Samuel think that Saul would want to kill him if he heard about the new king?

REVIEW Review the power text.

PRAY Ask God to keep you focused on the good plans God has in store for your life.

Tuesday

READ Read 1 Samuel 16:2-5.

THINK Why did the elders tremble and ask if Samuel came in peace?

REVIEW Review the power text.

REFLECT How do you handle your fears? Explain. What does God think of us when we are afraid? What is God's solution to fear? (See 2 Timothy 1:7.)

PRAY Thank God that we don't need to be afraid, because His Spirit of love casts out all fear.

Wednesday

READ Read 1 Samuel 16:7-11.

THINK Think of a person in today's world who looks good on the outside but has turned out to be not very nice inside. How do you know?

REVIEW Review the power text.

PRAY Ask God to make you pure inside and out. Pray that He will help you focus on the inner character values.

Thursday

READ Read 1 Samuel 16:12, 13.

THINK What do you think was the difference between David and his brothers? Was it merely a difference in outward appearance or much more than that?

REVIEW Review the power text.

LIST Using the following texts, list in your Bible study journal character traits God looks for in people's hearts: Psalm 78:71, 72; 1 Chronicles 28:9; Luke 16:10; Micah 6:8.

PRAY Ask God to place these traits into your heart.

Friday

READ Read 1 Samuel 16:7.

SING Sing a song based on Micah 6:8 to begin family worship.

CREATE Create a poem or song about this week's story, using the power text as your main chorus.

REPEAT Say the power text aloud from memory.

PRAY Thank God for looking at the real you.