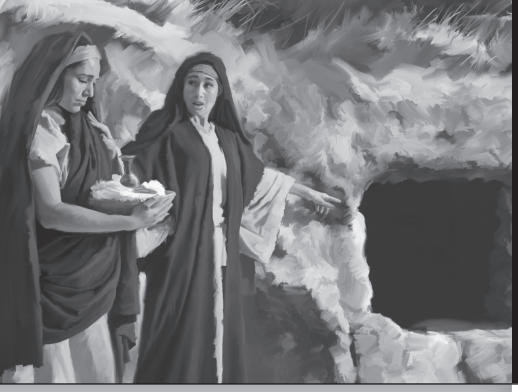


3

Surprise at Sunrise

Community
We share Jesus' love with others.

POWER TEXT

"He is not here, but is risen! Remember how He spoke to you when He was still in Galilee, saying, 'The Son of Man must be delivered into the hands of sinful men, and be crucified, and the third day rise again.' And they remembered His words. Then they returned from the tomb and told all these things to the eleven and to all the rest" (Luke 24:6-9).

KEY REFERENCES

- Luke 24:1-12
- John 20:1-9
- Mark 16:1-8
- *The Desire of Ages*, chaps. 80-82, pp. 769-794
- *The Bible Story* (1994), vol. 9, pp. 151-155
- Student lesson on page 42 of this guide

OUR BELIEFS

- No. 11, Growing in Christ
- No. 9, The Life, Death, and Resurrection of Christ
- No. 14, Unity in the Body of Christ

OBJECTIVES

The students will:

- **Know** that Jesus rose from the dead and lives today.
- **Feel** that because Jesus lives they have hope of eternal life.
- **Respond** by sharing this hope with family and friends.

POWERPOINT

We can share our hope for eternal life because of Jesus' resurrection.

The Bible Lesson at a Glance

The women come early Sunday morning to the tomb and find it empty. Their sorrow, however, turns to joy when two angels tell them that Jesus has risen. At the words of the angels, the women remember what Jesus had said before the Crucifixion. Understanding, they run to share the good news with the disciples.

This is a lesson about community.

Because of the resurrection of Jesus, we too have the hope of eternal life. It is our joy and responsibility then to share this great hope with our community of family and friends.

Teacher Enrichment

"Oh that the bowed head might be lifted, that the eyes might be opened to behold Him, that the ears might listen to His voice! 'Go quickly, and tell His disciples that He is risen.' Bid them look not to Joseph's new tomb, that was closed with a great stone, and sealed with the Roman seal. Christ is not there. Look not to the empty sepulcher. Mourn not as those who are hopeless and helpless. Jesus lives, and because He lives, we shall live also. From grateful hearts, from lips touched with holy fire, let the glad song ring out, Christ is risen! He lives to make intercession for us. Grasp this hope, and it will hold the soul like a sure, tried anchor. Believe, and thou shalt see the glory of God" (*The Desire of Ages*, p. 794).

What does Jesus' resurrection mean to me? How will I share the hope of eternal life with someone else today?

Welcome

Welcome students at the door and direct them to their seats. Ask them how their week has been. Encourage learners to study their Sabbath School lesson regularly, and use several minutes to debrief students on the previous week's lesson.

Ask: **What was the most interesting part of the Bible story? What activity did you find the most helpful? Which activity was the most fun?** Invite students to share their experiences and/or the handiworks they created for Sabbath School during the week. (The leader should be familiar with the previous lesson to be able to direct the discussion.) This is also a good time to have students recite the power text.

Have students begin the Readiness Activity of your choice.

Program notes

LESSON SECTION	MINUTES	ACTIVITIES	MATERIALS NEEDED
Welcome	Ongoing	Greet students at the door. Ask about their week.	
1 Readiness	10-15	*A. Dealing With Loss*	Bibles, paper, pencils
		B. Exciting News!	Bibles, paper, pencils
* Prayer & Praise	15-20	See page 37. Prayer & Praise may be used at any time during the program.	songbooks, world map, pushpins, offering box
2 Bible Lesson	15-20	Introducing the Bible Story	
		Experiencing the Story	Bibles, paper, pencils
		Exploring the Bible	Bibles, paper, pencils, white/chalkboard, markers/chalk
3 Applying the Lesson	10-15	*Scenario*	
4 Sharing the Lesson	10-15	*Resurrection Reflection*	Bibles, colored paper, colored pens, scissors, glue, simple musical instruments
* Closing		A. Prayer and Closing Comments	
		B. Reminder to Parents	
		C. Coming Up Next Week	

1

READINESS ACTIVITIES

Select the activity or activities that are most appropriate for your situation.

A

YOU NEED:
- ☐ Bibles
- ☐ paper
- ☐ pencils

Dealing With Loss

Ask the students to recall a time they or someone close to them lost a loved one (when a friend, family member, or even pet died). Say: **Think about and write down how it felt, what you did, how you helped them or how someone helped you.**

Debriefing

Ask two or three students to share their experiences. Ask: **What are some things we have in common when dealing with loss? What, if anything, gave people hope? Why? How do you think people reacted when Jesus died? Let's say together our power text, Luke 24:6-9:**

"He is not here, but is risen! Remember how He spoke to you when He was still in Galilee, saying, 'The Son of Man must be delivered into the hands of sinful men, and be crucified, and the third day rise again.' And they remembered His words. Then they returned from the tomb and told all these things to the eleven and to all the rest" (Luke 24:6-9).

Because Jesus rose, we have hope. As our power point reminds us:

We can share our hope for eternal life because of Jesus' resurrection.

B

YOU NEED:
- ☐ Bibles
- ☐ paper
- ☐ pencils

Exciting News!

Ask each of the students to write on a slip of paper a few sentences about what they think to be the most important news story in history. Collect the slips when the students completed writing. Read the students' responses aloud. If Jesus' resurrection hasn't been submitted, suggest it yourself.

Debriefing

Ask: **Why is Jesus' resurrection the biggest news story in history? How does it affect the whole world for all time? Let's say together our power text, Luke 24:6-9:**

"He is not here, but is risen! Remember how He spoke to you when He was still in Galilee, saying, 'The Son of Man must be delivered into the hands of sinful men, and be crucified, and the third day rise again.' And they remembered His words. Then they returned from the tomb and told all these things to the eleven and to all the rest" (Luke 24:6-9).

Because of Jesus' resurrection, we have hope. As our power point reminds us:

We can share our hope for eternal life because of Jesus' resurrection.

Prayer & Praise

Fellowship

Report the students' joys and sorrows (pleased and troubled) as reported to you at the door (as appropriate). If they have given you permission, share one or two special items from students' Bible study during the week. Acknowledge any birthdays, special events, or achievements. Give a special, warm greeting to all visitors.

Suggested Songs

"Hosanna! Our Lord Liveth" (*He Is Our Song*, no. 28)
"Our God Reigns (Isaiah 52:7)" (*He Is Our Song*, no. 41)
"For God So Loved the World" (*He Is Our Song*, no. 43)

Mission

YOU NEED:
- ☐ world map
- ☐ pushpins

Use Adventist *Mission* magazine for youth and adults (go to www.juniorpowerpoints.org and click on MISSION) or another mission report available to you. Using a world map, have the students identify and mark with pushpins the location where the mission story is taking place.

Offering

YOU NEED:
- ☐ offering box

You can continue to use the offering box suggested two weeks ago.

Suggest to the class that through their offerings this story of Jesus' resurrection—the single most important event in history—can be communicated to people around the world.

Prayer

Ask for God's guidance so that each person in Sabbath School may have an opportunity to tell someone about Jesus' resurrection. Close with a prayer for the students' joys and sorrows, for the birthday and other special event celebrants, as well as for the visitors.

Notes

2

BIBLE LESSON

Introducing the Bible Story

Say: **Think of a time you couldn't wait to share some exciting news with someone else.** (Give time for students to share their news.)

Ask: **How excited are we about sharing the good news about Jesus' resurrection? Why? How excited do you think we should be? Today's story is about Jesus' resurrection and about our response of sharing that news with others. Our power point is:**

We can share our hope for eternal life because of Jesus' resurrection.

YOU NEED:

- ☐ Bibles
- ☐ paper
- ☐ pencils

Experiencing the Story

Ask volunteers to read Luke 24:1-12 aloud, going around the circle. Have students visualize the story they have heard and to place themselves in Peter's position. Say: **Write down how you would have felt if you witnessed what happened in the story.**

Call for volunteers to share what they have written. Ask: **Why was it so hard for Peter to accept what the women had said? Why did he still wonder about what had happened after he had seen the empty tomb himself?**

Say: **We know that Jesus rose. Therefore, as our power point reminds us:**

We can share our hope for eternal life because of Jesus' resurrection.

Accommodations for students with special needs
Allow students who experience difficulty with writing and spelling to express their answers verbally.

YOU NEED:
- ☐ Bibles
- ☐ paper
- ☐ pencils
- ☐ white/chalkboard
- ☐ markers/chalk

Exploring the Bible

Say: **Ten different appearances of the risen Lord are recorded in the New Testament.** Write the following texts on a board. Divide the students into groups to find the people to whom Jesus appeared and when.

1. John 20:11-18; Mark 16:9-11 (Mary Magdalene at the tomb).
2. Matthew 28:1-10 (to Mary Magdalene and "the other Mary," as they returned from the tomb).
3. Luke 24:34; 1 Corinthians 15:5 (to Simon Peter alone on the day of the resurrection).
4. Luke 24:13-35; Mark 16:12, 13 (to the two disciples on the way to Emmaus on the day of the resurrection).
5. John 20:19-24 (to 10 disciples [Thomas being absent] and others, at Jerusalem on the evening of the resurrection).
6. Mark 16:14-18; Luke 24:33-40; John 20:26-28 (to the 11 disciples [including Thomas] at Jerusalem).
7. John 21:1-23 (to seven disciples fishing at Sea of Galilee).
8. 1 Corinthians 15:6; Matthew 28:16-20 (to about 500 persons, including the 11, at an appointed place in Galilee).
9. 1 Corinthians 15:7 (to James).
10. Mark 16:19; Luke 24:50-52; Acts 1:4-10 (to the apostles, who accompanied Him from Jerusalem to the Mount of Olives, and there they saw Him ascend).

Debriefing

Ask: **What appearances did you find?** Say: **Notice that on most occasions Jesus talked with them face-to-face, let them touch Him, and ate bread with them. Let's say together our power text, Luke 24:6-9:**

"He is not here, but is risen! Remember how He spoke to you when He was still in Galilee, saying, 'The Son of Man must be delivered into the hands of sinful men, and be crucified, and the third day rise again.' And they remembered His words. Then they returned from the tomb and told all these things to the eleven and to all the rest" (Luke 24:6-9).

Because we believe Jesus was raised from the dead, we have hope. Therefore, as the power point reminds us:

We can share our hope for eternal life because of Jesus' resurrection.

(Adapted from M. G. Easton, *Illustrated Bible Dictionary* [Grand Rapids: Baker Book House, 1978], p. 597.)

Scenario

Read the following scenario aloud to your students: **Dora has a really good friend who has been thinking a lot lately about life. She feels that there is no real hope—nothing to live for or look forward to in the end. Dora has recently given her life to Christ and feels secure in the hope that Jesus will come again to take her home with Him one day to a much better life.**

Debriefing

Ask: **What can Dora do or say to help her friend see the hope that is there? What advice would you give her? Let's remember the power point:**

We can share our hope for eternal life because of Jesus' resurrection.

4

SHARING THE LESSON

YOU NEED:

- ☐ Bibles
- ☐ colored paper
- ☐ colored pens
- ☐ scissors
- ☐ glue
- ☐ simple musical instruments

Resurrection Reflection

Invite students to share with the class their experiences from the past week. Ask: **How did you tell someone the good news about the love of Jesus, who died and rose from the dead to save us? How did that person respond? What will you do to continue sharing Jesus with those around you?**

Say: **Think about the Resurrection scene. Read about it in Matthew 28:1-10 and Luke 24:1-12. How do you picture it? Now take what you have imagined and translate it into a picture, poem, or music. Have some fun with it!**

Debriefing

Provide the opportunity for those who want to share their creations to do so. Then ask: **How did you see the picture? Was it like or unlike how others saw it? Choose one word or phrase to describe it. Why would you want to share this picture with others? With whom would you share it? Let's remember that, as the power point teaches us:**

We can share our hope for eternal life because of Jesus' resurrection.

Closing

Prayer and Closing Comments:

Pray: **Dear Father: Thank You for giving us the gift of Your Son, Jesus. Thank You for the chance to live forever with You. Please give us the opportunity to tell someone else about Jesus. Help us to be sincere and enthusiastic as we share our hope. Amen.**

Reminder to Parents:

Say: **Check out the student Bible study guide to find Parents' Pages for your use in family worship, or however you wish to use them to spiritually guide your children. You may listen to the podcast of the lesson online at www.juniorpowerpoints.org/podcast.php?channel=1.**

Coming Up Next Week:

Say: **Jesus meets with two of His followers on the road to Emmaus. God is personally interested in our salvation.**

Notes

Student lesson

Surprise at Sunrise

Have you ever cried yourself to sleep, only to wake up in the morning filled with hope?

In the closing events of the Crucifixion day, darkness wrapped around the cross where Jesus hung. The priests and mob stopped mocking Jesus. They heard Him cry, "It is finished!" (John 19:30). They heard a Roman centurion say, "Truly this was the Son of God!" (Matthew 27:54). Many in the crowd felt guilty of a great wrong, and the disciples saw their fondest hopes vanish.

"As the last rays of the setting sun ushered in the Sabbath, the Son of God lay in quietude in Joseph's tomb. His work completed, His hands folded in peace, He rested through the sacred hours of the Sabbath day" (*The Desire of Ages*, p. 769).

Just as the Creator of the universe, the Son of God, rested on the seventh day of the Creation week, so Jesus rested in the tomb on the Sabbath after He accomplished our salvation. In Jesus resides our hope for the future. He is our Creator, Redeemer, and soon-coming King. He conquered sin and death and purchased us with His own life. Thanks to Jesus, we are adopted into God's family and restored into His image.

During the Sabbath hours many sleepless eyes searched the prophecies. Some of the seekers wanted to understand the meaning of Passover fully. Others were seeking to find evidence that Jesus was not the Messiah. But there were earnest believers who sought to find comfort in the prophetic writings indicating that Jesus was truly the Messiah. Their searching convinced them all: prophecy had been fulfilled; the crucified Jesus was the Son of God.

Like never before, people's attention was drawn to Jesus who was now resting in the tomb. This was the Passover weekend! Thousands of Jews were in Jerusalem. The people brought their sick and suffering ones to the Temple courts and were seeking Jesus, the Healer. But instead of the welcoming presence of Jesus, the crowds who were looking for Him were driven out of the Temple.

News spread everywhere about the trial, crucifixion, and death of Jesus. People earnestly searched the Holy Scriptures and inquired from the priests. The religious leaders of the time could not explain the prophecies about the Messiah that pointed to His suffering and death. Many sincere seekers after the truth were convinced that indeed Jesus fulfilled the prophecies concerning the suffering and death of the Promised One.

The priests feared that Jesus would rise from the dead, just as He said He would, as the prophecies foretold. Pilate allowed them to place a guard of 100 soldiers at the tomb of Jesus. A large stone was rolled to the entrance of the tomb. Strong cords were attached to the stone to secure it in place. Then the stone was sealed with the Roman seal. Every effort was made to ensure that Jesus would remain in the tomb.

However, on the first day of the week, just before daybreak, there was an earthquake. An angel was sent from heaven surrounded by beams of God's glory. He called to the Son of God to come out of the tomb at God's command.

Death could not hold Jesus captive, because He never sinned. He is the resurrection and the life. As the stone was rolled away, Jesus, the Prince of the universe, arose and came out of the tomb. The hosts of angels that surrounded the tomb bowed low and adored their King.

The soldiers who had witnessed the glorious scene fainted. As heavenly glory faded, the soldiers hurried into the city, spreading the news to the people. The priests and elders gave large amounts of money to the soldiers telling them to say that Jesus' disciples stole Him away while the guards slept (Matthew 28:12, 13). But the truth could not be silenced. In fact, certain of the dead who were resurrected with Christ were seen by others and declared that He had risen (Isaiah 26:19).

Early on that Sunday morning women who had followed Jesus went to the tomb. An angel greeted them and told them that Jesus had risen! After hearing the women's report, John ran to the tomb and also saw that it was empty. He believed that his Savior had risen (John 20:8).

First to see Jesus after His resurrection was Mary Magdalene. Weeping bitterly, she couldn't even recognize Him through her tears. It was when He called her by name that she recognized Jesus and worshipped Him.

The resurrection of Jesus is a promise of hope for the future. It is a belief in the resurrection of the saved at the second coming of Jesus. This hope causes us to rejoice and to believe in Him. When Jesus was resurrected,

KEY REFERENCES

- Luke 24:1-12; John 20:1-9; Mark 16:1-8
- *The Desire of Ages*, chaps. 80-82, pp. 769-794
- *The Bible Story* (1994), vol. 9, pp. 151-155
- Our Beliefs, nos. 11, 9, 14

POWER TEXT

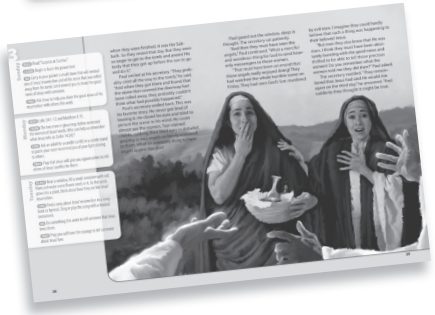
"He is not here, but is risen! Remember how He spoke to you when He was still in Galilee, saying, 'The Son of Man must be delivered into the hands of sinful men, and be crucified, and the third day rise again.' And they remembered His words. Then they returned from the tomb and told all these things to the eleven and to all the rest" (Luke 24:6-9).

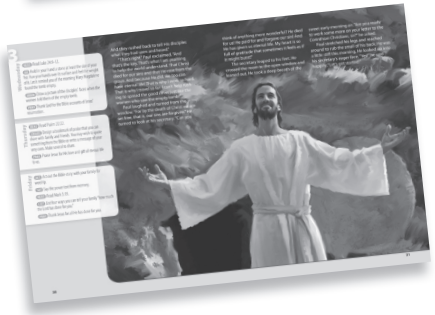
POWER POINT

We can share our hope for eternal life because of Jesus' resurrection.

some people who had been dead were resurrected with Him. At His second coming Jesus will call all the righteous dead to glorious, immortal life (John 5:28, 29)! How can we obtain the amazing gift of salvation that Jesus purchased for us through His sacrificial death? The Bible says, "Believe on the Lord Jesus Christ, and you will be saved" (Acts 16:31).







Sabbath

DO Do the activity on page 32.

Sunday

READ Read Luke 24:1-12 and this week's story, "Surprise at Sunrise."

LEARN Begin to learn the power text.

THINK Why is Jesus' resurrection meaningful to you?

DO Remember to share with someone the good news of Jesus' resurrection.

PRAY Ask Jesus to help you share the good news of His resurrection with others this week.

Monday

READ Read Matthew 5:15.

FIND Place a candle in your room to remind you of your light shining to others. How is your light shining?

THINK The two men in gleaming clothes reminded the women of Jesus' words. Who can help us remember what Jesus tells us (John 14:26)?

REVIEW Review the power text.

PRAY Ask God to help you reflect Jesus' light to others.

Tuesday

READ Read John 14:26.

PLANT Near a window, fill a small container with soil. Plant and water some flower seeds in it. As the seeds start growing, think of the new life we have in Jesus.

SING Find a song about Jesus' resurrection in a songbook or hymnal. Sing or play it on a musical instrument.

DO This week tell someone that Jesus loves them.

REVIEW Review the power text.

PRAY Pray for courage to tell someone about Jesus' love and the gift of eternal life He offers to us by grace.

Wednesday

READ Read Luke 24:9-12.

DO Hold in your hand a stone and let it remind you of the Resurrection morning when the stone was rolled away and Mary Magdalene found the tomb empty.

DRAW Draw a picture of the disciples' faces when the women told them of the empty tomb.

REVIEW Review the power text.

PRAY Praise God for Jesus' resurrection.

Thursday

READ Read Psalm 22:22.

CREATE Design a bookmark of praise that you can share with family and friends. You may wish to quote something from the Bible or write a message of your very own. Make several to share.

REVIEW Review the power text.

PRAY Praise Jesus for His love and gift of eternal life.

Friday

READ Read Mark 5:19.

ACT Act out the Bible story with your family for worship.

SAY Say the power text from memory.

SHARE In family worship, share with one another your experiences of God's goodness, care, and blessing.

PRAY Thank Jesus for all He has done for you.