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Live Man Walking

Key References: Matthew 28:1-15; Luke 24:1-12; John 20:1-18; *The Desire of Ages*, chap. 80, pp. 769-778; chap. 81, pp. 779-787; chap. 82, pp. 788-794; *The Bible Story* (1994), vol. 9, pp. 134-155; Our Beliefs nos. 9, 4, 11















powertext

"Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead" (1 Peter 1:3).

Sabbath

DO Do the activity on page 102.

power point

We can enthusiastically share the good news of Jesus' death and resurrection.

Have you ever lost someone close to you? Did you still want to see that person? Did you think, talk, and even dream about that person? That's what happens when you love someone.

It was still dark when a woman named Mary set out from her home. She walked carefully along the road carrying her jar of spices. At a bend in the road she saw a figure waiting.

"Good morning, Joanna," she called out.

"Good morning, my sister," replied Joanna. "Did you rest well?"

"Not really. I can't believe He's dead," said Mary quietly.

"Neither can I," said Joanna, sniffing as her eyes filled with tears. "How kind of Joseph to make his tomb available for Jesus! This way we can make the necessary preparations for His burial."

The women continued in silence as they walked the rest of the way to the tomb where Jesus lay.

The sun was just starting to brighten the landscape as they approached the tomb.

"Oh, look," said Mary. "Someone came and rolled away the stone for us."

The women entered the tomb, ready to minister to the Savior's body. When they saw the empty burial bed, with the burial cloths neatly folded at the head, they could only look at one another in disbelief.

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Sunday

READ Read Luke 24:1-5 and this week's lesson, "Live Man Walking."

WRITE Write the power text, including the reference, in your Bible study journal.

PRAY Praise God for the great hope found in Jesus' resurrection and for the privilege of telling others about it.

Monday

READ Read Luke 24:6-12.

THINK How would you have felt if you were among the first who received the news about Jesus' resurrection?

REVIEW Review the power text.

PRAY Pray for the willingness to listen to others.

Tuesday

READ Read Mark 15:22-32.

IMAGINE Create a dialogue between the women and the disciples about what the women saw at the tomb.

THINK Think about a time someone really surprised you in a positive way.

SHARE Use your creativity to surprise someone today by sharing the good news about Jesus.

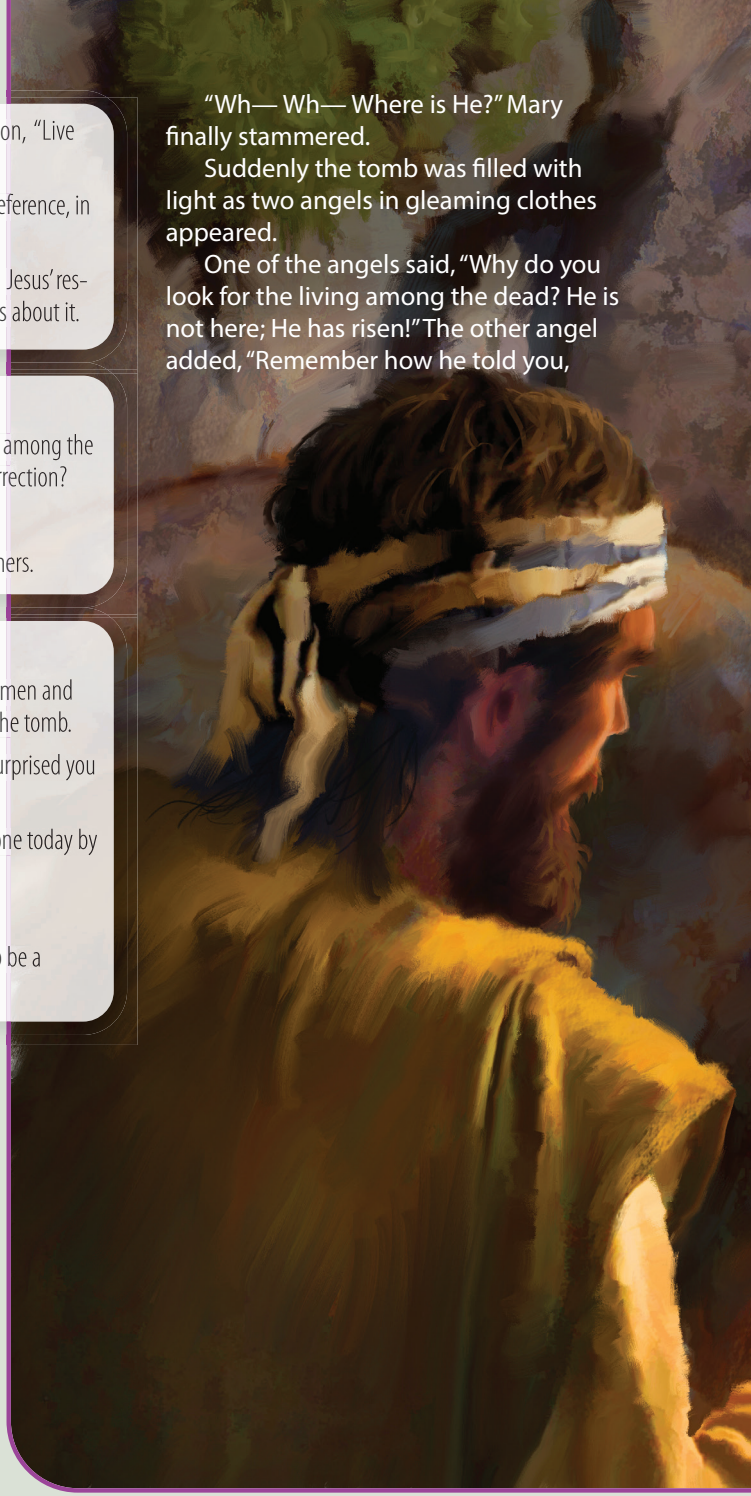
REVIEW Review the power text.

PRAY Pray that God will give you wisdom to be a witness of His goodness to others.

"Wh— Wh— Where is He?" Mary finally stammered.

Suddenly the tomb was filled with light as two angels in gleaming clothes appeared.

One of the angels said, "Why do you look for the living among the dead? He is not here; He has risen!" The other angel added, "Remember how he told you,



while he was still with you in Galilee: 'The Son of Man must be delivered over to the hands of sinners, be crucified and on the third day be raised again' " (Luke 24:5-7).

The women slowly looked at one another. "Yes!" they shouted together. They hugged one another and cried tears of relief and joy.

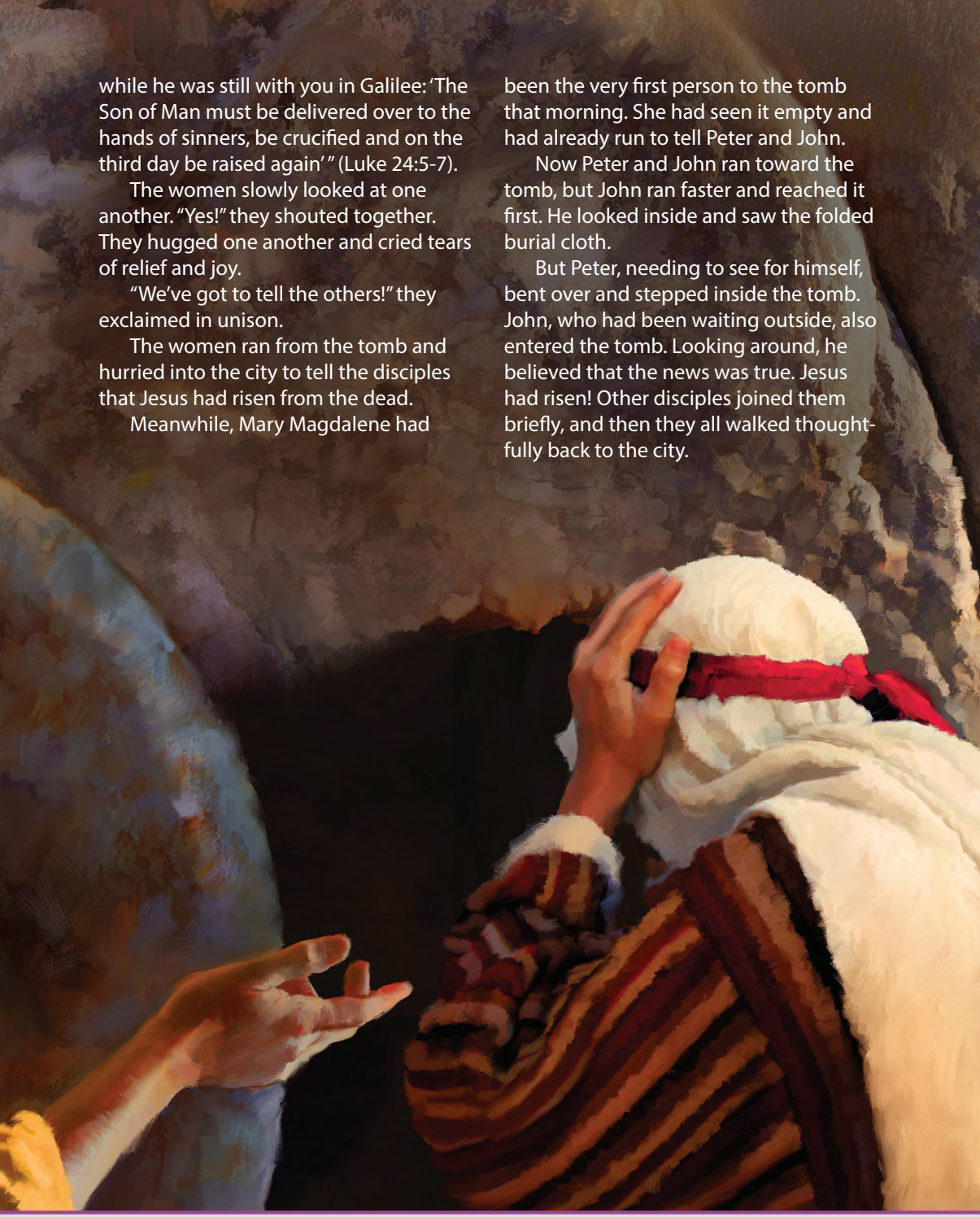
"We've got to tell the others!" they exclaimed in unison.

The women ran from the tomb and hurried into the city to tell the disciples that Jesus had risen from the dead.

Meanwhile, Mary Magdalene had been the very first person to the tomb that morning. She had seen it empty and had already run to tell Peter and John.

Now Peter and John ran toward the tomb, but John ran faster and reached it first. He looked inside and saw the folded burial cloth.

But Peter, needing to see for himself, bent over and stepped inside the tomb. John, who had been waiting outside, also entered the tomb. Looking around, he believed that the news was true. Jesus had risen! Other disciples joined them briefly, and then they all walked thoughtfully back to the city.



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Wednesday

READ Read Psalm 97:11, 12.

THINK Why do you think "the upright in heart" have joy? What makes you rejoice in Jesus and praise Him?

RESPOND Plan to share the joy of knowing Jesus with those around you.

REVIEW Review the power text.

PRAY Praise God for Jesus' resurrection that offers us great hope and makes it possible for us to live eternally with Him.

Thursday

READ Read Isaiah 55:12.

THINK Picture how nature must have rejoiced at Jesus' resurrection. How is Jesus' resurrection significant to you?

SHARE Today tell someone about the reasons we have hope in eternal life thanks to Jesus' resurrection.

REVIEW Review the power text.

PRAY Pray for wisdom to share the hope found in Jesus.

Friday

READ Read Matthew 27:33-44.

SHARE Tell someone today about what Jesus' resurrection from the dead means to you.

PLANT Plant a flower or a bulb. As you watch the plant grow, remember that Jesus' resurrection carries the hope of eternal life as the seed carries in it the elements necessary for a plant's life.

SING Sing a song about nature rejoicing.

REPEAT Say the power text aloud by memory.

PRAY Thank God for the good news you can share.

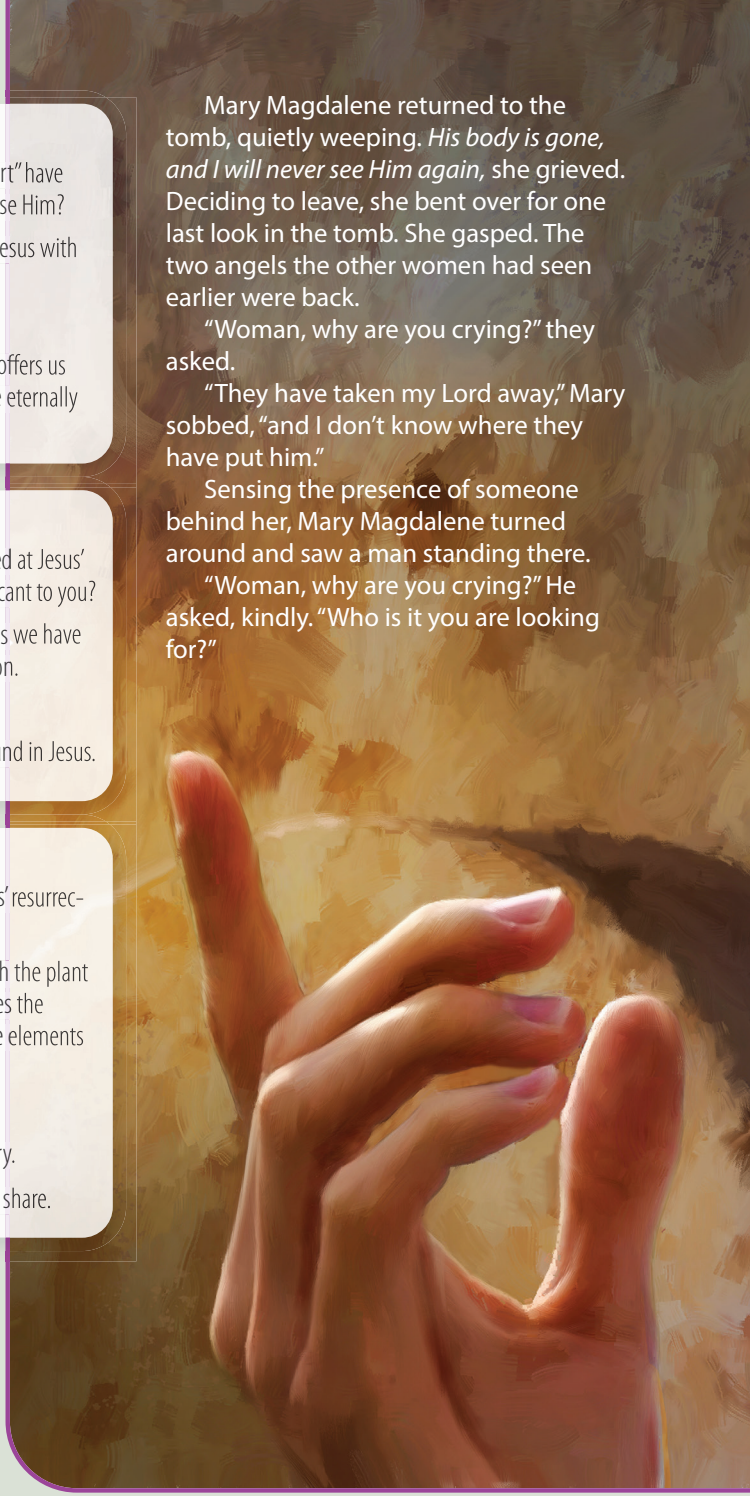
Mary Magdalene returned to the tomb, quietly weeping. *His body is gone, and I will never see Him again,* she grieved. Deciding to leave, she bent over for one last look in the tomb. She gasped. The two angels the other women had seen earlier were back.

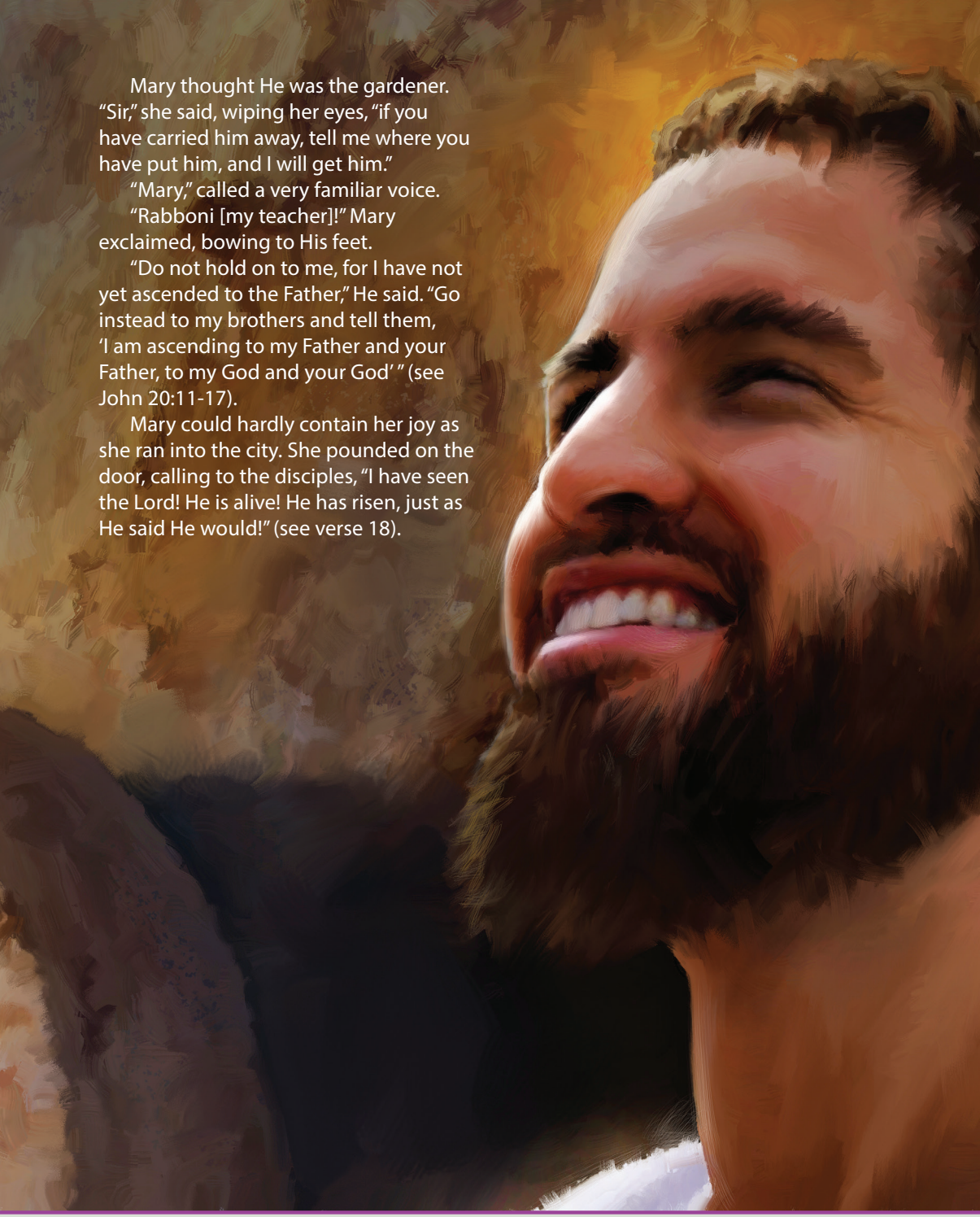
"Woman, why are you crying?" they asked.

"They have taken my Lord away," Mary sobbed, "and I don't know where they have put him."

Sensing the presence of someone behind her, Mary Magdalene turned around and saw a man standing there.

"Woman, why are you crying?" He asked, kindly. "Who is it you are looking for?"





Mary thought He was the gardener. "Sir," she said, wiping her eyes, "if you have carried him away, tell me where you have put him, and I will get him."

"Mary," called a very familiar voice.

"Rabboni [my teacher]!" Mary exclaimed, bowing to His feet.

"Do not hold on to me, for I have not yet ascended to the Father," He said. "Go instead to my brothers and tell them, 'I am ascending to my Father and your Father, to my God and your God' " (see John 20:11-17).

Mary could hardly contain her joy as she ran into the city. She pounded on the door, calling to the disciples, "I have seen the Lord! He is alive! He has risen, just as He said He would!" (see verse 18).

PUZZLE
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THREE BAGS OF LOVE

Instructions: Each bag contains things we can do to show our love. The first bag contains things we can do to show God our love. The second bag contains things we can do to show our family our love. The third bag contains things we can do to show others our love. The letters have been scrambled. Unscramble them to reveal the contents in each of the three bags. To help get you started, each word begins with its first letter. For example, in the first bag, the first word begins with the letter "P."





